On-line Table: Definite, probable, and definite or probable (total) changes in various MRI findings during a 12-week period in subjects and controls

|                                     | Proportion of Participants in Whom MRI Findings<br>Changed during the 12-Week Follow-Up |          |                         |                   |          |                         |  |                                    |
|-------------------------------------|---|----------|-------------------------|-------------------|----------|-------------------------|--|------------------------------------|
|                                     | Controls  |          |                         | Subjects with LBP |          |                         | Difference:                              | Odds Ratios                        |
| MRI Findings                        | Probable  | Definite | Definite or<br>Probable | Probable          | Definite | Definite or<br>Probable | Subject (%),<br>Control (%) <sup>a</sup> | (95% CI) <sup>a</sup> and  P Value |
| Any MRI finding                     | 5/10  | 3/10     | 8/10                    | 8/20              | 9/20     | 17/20                   | 5%                                       | 1.4 (0.2–10.2)                     |
|                                     | = 50%   | = 30%    | = 80%                   | = 40%             | = 45%    | = 85%                   |  | P = 1.00                           |
| Disc degeneration                   | 1/10  | 0/10     | 1/10                    | 2/20              | 0/20     | 2/20                    | 0%                                       | 1.0 (0.1–12.6)                     |
|                                     | = 10%   | = 0%     | = 10%                   | = 10%             | = 0%     | = 10%                   |  | P = 1.00                           |
| Disc signal intensity               | 1/10  | 0/10     | 1/10                    | 2/20              | 0/20     | 2/20                    | 0%                                       | 1.0 (0.1–12.6)                     |
|                                     | = 10%   | = 0%     | = 10%                   | = 10%             | = 0%     | = 10%                   |  | P = 1.00                           |
| Disc height                         | 1/10  | 0/10     | 1/10                    | 0/20              | 0/20     | 0/20                    | -10%                                     | Unable to calculate <sup>b</sup>   |
|                                     | = 10%   | = 0%     | = 10%                   | = 0%              | = 0%     | = 0%                    |  | P = .33                            |
| HIZ                                 | 2/10  | 2/10     | 4/10                    | 4/20              | 4/20     | 8/20                    | 0%                                       | 1.0 (0.2-4.7)                      |
|                                     | = 20%   | = 20%    | = 40%                   | = 20%             | = 20%    | = 40%                   |  | P = 1.00                           |
| Annular fissure                     | 0/10  | 1/10     | 1/10                    | 2/20              | 3/20     | 5/20                    | 15%                                      | 3.0 (0.3-29.9)                     |
|                                     | = 0%  | = 10%    | = 10%                   | = 10%             | = 15%    | = 25%                   |  | P = .63                            |
| Modic changes                       | 2/10  | 0/10     | 2/10                    | 2/20              | 1/20     | 3/20                    | -5%                                      | 0.7 (0.1–5.1)                      |
|                                     | = 20%   | = 0%     | = 20%                   | = 10%             | = 5%     | = 15%                   |  | P = 1.00                           |
| Disc herniation                     | 2/10  | 1/10     | 3/10                    | 8/20              | 5/20     | 13/20                   | 35%                                      | 4.3 (0.8-22.2)                     |
|                                     | = 20%   | = 10%    | = 30%                   | = 40%             | = 25%    | = 65%                   |  | P = .12                            |
| Facet joint arthropathy             | 0/10  | 0/10     | 0/10                    | 0/20              | 0/20     | 0/20                    | 0%                                       | Unable to calculate <sup>b</sup>   |
|                                     | = 0%  | = 0%     | = 0%                    | = 0%              | = 0%     | = 0%                    |  |                                    |
| Central canal stenosis              | 0/10  | 0/10     | 0/10                    | 0/20              | 0/20     | 0/20                    | 0%                                       | Unable to calculate <sup>b</sup>   |
|                                     | = 0%  | = 0%     | = 0%                    | = 0%              | = 0%     | = 0%                    |  |                                    |
| Spondylolisthesis or retrolisthesis | 0/10  | 0/10     | 0/10                    | 0/20              | 0/20     | 0/0%                    | 0%                                       | Unable to calculate <sup>b</sup>   |
|                                     | = 0%  | = 0%     | = 0%                    | = 0%              | = 0%     | = 0%                    |  |                                    |
| Edema                               | 1/10  | 0/10     | 1/10                    | 0/20              | 0/20     | 0/20                    | -10%                                     | Unable to calculate <sup>b</sup>   |
|                                     | = 10%   | = 0%     | = 10%                   | = 0%              | = 0%     | = 0%                    |  | P = .33                            |
| Nerve root compromise               | 0/10  | 0/10%    | 0/10                    | 3/20%             | 0/20%    | 3/20%                   | 15%                                      | Unable to calculate <sup>b</sup>   |
|                                     | = 0%  | = 0%     | = 0%                    | = 15%             | = 0%     | = 15%                   |  | P = .53                            |

<sup>&</sup>lt;sup>a</sup> Based on definite or probable values for subjects and controls.
<sup>b</sup> Odds ratio unable to be calculated due to cells with zero count score.