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AJNR Am J Neuroradiol 2018, 39 (1) 43-45

doi: <https://doi.org/10.3174/ajnr.A5433>

<http://www.ajnr.org/content/39/1/43>

Improved Spatiotemporal Resolution of Dynamic Susceptibility Contrast Perfusion MRI in Brain Tumors Using Simultaneous Multi-Slice Echo-Planar Imaging

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ABSTRACT

SUMMARY: DSC perfusion MR imaging in brain tumors requires a trade-off between spatial and temporal resolution, resulting in less spatial coverage to meet the temporal resolution requirements for accurate relative CBV estimation. DSC-MR imaging could potentially benefit from the advantages associated with simultaneous multi-slice imaging, including increased spatiotemporal resolution. In the current article, we demonstrate how simultaneous multi-slice EPI can be used to improve DSC-MR imaging spatiotemporal resolution in patients with glioblastoma.

ABBREVIATIONS: rCBV = relative CBV; SMS = simultaneous multi-slice

DSC perfusion MR imaging estimates of relative CBV (rCBV) have been shown to differentiate histologic tumor grade,^{1,2} predict survival, and be useful for therapeutic monitoring in brain tumors³; however, DSC requires compromises in image resolution, slice coverage, and temporal resolution. The TR must be short enough to capture the rapid passage of the contrast bolus through the blood vasculature, but at the same time, there must be enough spatial coverage to encapsulate the entire tumor or brain. Simultaneous multi-slice (SMS) EPI⁴ has drawn widespread attention due to the advent of highly accelerated images⁵ through the application of composite radiofrequency pulses to simultaneously excite multiple slice planes.⁶ The SMS technique excites

multiple slices physically separated across the z-axis simultaneously so that each SMS “slab” has slices acquired interleaved within that section. SMS has been shown to not have appreciable loss in SNR compared with traditional methods,⁴ and studies have shown that SMS is effective in reducing the acquisition time with higher spatiotemporal resolution.^{5,7,8} In the current article, we demonstrate the clinical utility of using SMS-EPI to increase the spatiotemporal resolution of DSC-MR imaging in patients with glioblastoma.

MATERIALS AND METHODS

Patients

Thirteen patients with pathologically confirmed primary glioblastoma with recurrence based on either MR imaging, clinical deterioration, and/or histology were enrolled in this prospective study, which was approved by our local ethics institutional review board (University of California, Los Angeles). All patients underwent DSC-MR imaging with conventional single-shot EPI followed by SMS-EPI, 1–2 months later.

DSC-MR Imaging Acquisition

A preload bolus of 0.025 mmol/kg of Gd-DTPA (Magnevist; Bayer HealthCare Pharmaceuticals, Wayne, New Jersey) was administered to reduce leakage effects followed by 0.075 mmol/kg of Gd-DTPA at a rate of 5 mL/s. Two minutes of data were acquired, including a 30-second prebolus baseline and 90 seconds of data during and following contrast injection.

Conventional DSC-MR imaging was then acquired using a single-shot gradient-echo EPI at 3T (Prisma; Siemens, Erlangen, Germany) with TE = 35 ms, TR = 1.25–1.9 seconds, flip angle = 60°, FOV = 24 × 24 cm, matrix size = 128 × 128, generalized

Received April 30, 2017; accepted after revision August 24.

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This work was supported by the American Cancer Society Research Scholar Grant RSG-15-003-01-CCE (B.M.E.); the National Institutes of Health/National Cancer Institute R21CA167354 (B.M.E.); an American Brain Tumor Association Research Collaboration Grant supported by Humor to Fight the Tumor, ARC1700002 (B.M.E.); a National Brain Tumor Society research grant (B.M.E.); a National Institutes of Health/National Institute of General Medical Sciences training grant, GM08042 (K.L.); and the University of California, Los Angeles Medical Scientist Training Program (K.L.).

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<http://dx.doi.org/10.3174/ajnr.A5433>

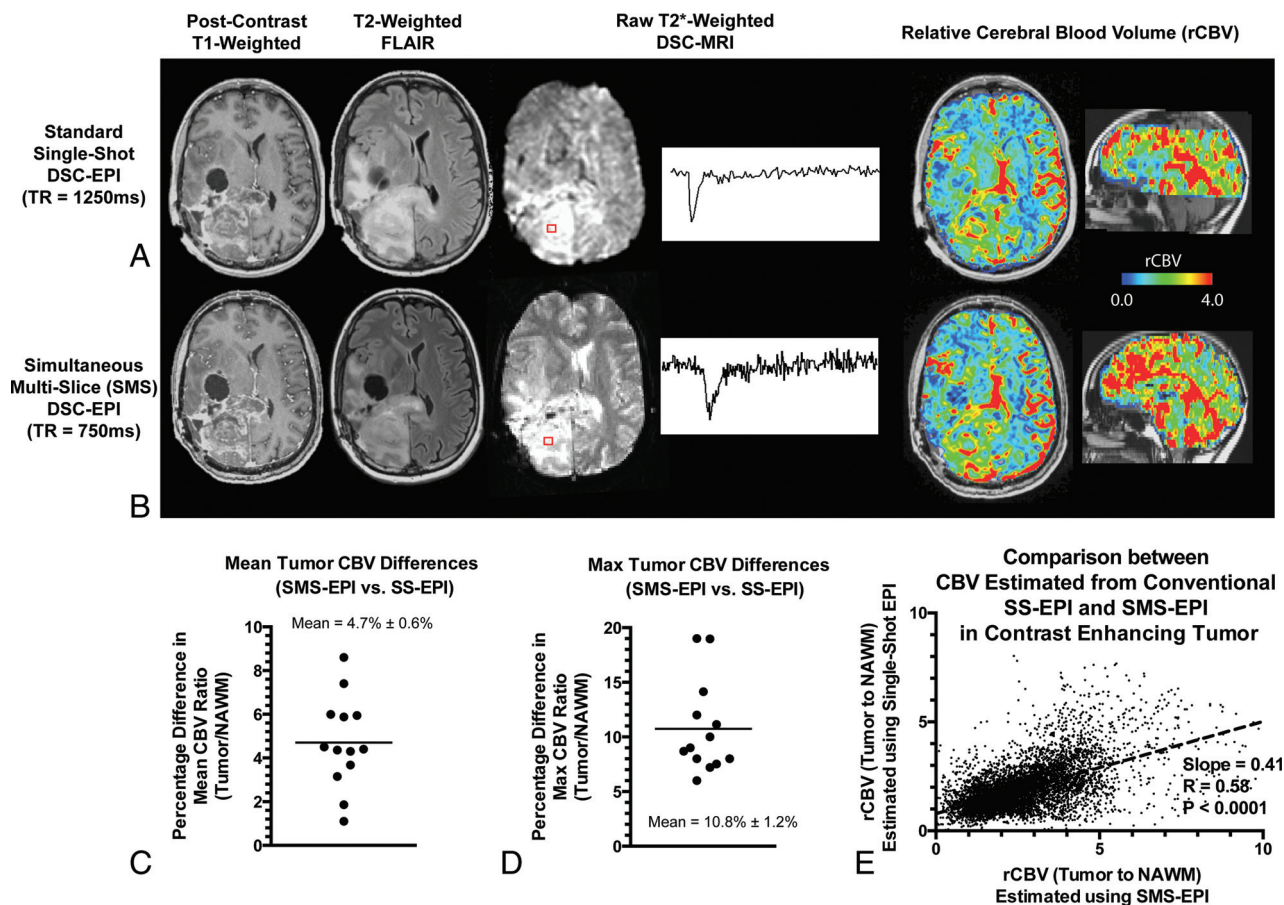


FIG 1. Postcontrast T1-weighted images, T2-weighted FLAIR images, and raw T2*-weighted DSC MR images with corresponding signal-time curves across time from tumor regions accompanied by resulting relative cerebral blood volume maps for conventional single-shot EPI (A) and simultaneous multi-slice EPI (B) (left to right). Percentage difference in mean tumor rCBV ratio (tumor to normal-appearing white matter) (C) and percentage difference in the maximum tumor rCBV ratio (tumor to normal-appearing white matter) (D) in 13 patients with recurrent glioblastoma. E, Voxelwise correlation of rCBV ratio between conventional single-shot EPI and SMS-EPI.

autocalibrating partially parallel acquisition = 2, slice thickness = 5 mm with no interslice gap, and 15- to 20-slice coverage. The voxel size was $1.875 \times 1.875 \times 5$ mm, and the temporal resolution was 1.25–1.90 seconds.

Accelerated DSC-MR imaging was obtained with single-shot SMS-EPI with TE = 35ms, TR = 750 ms, flip angle = 60° , FOV = 21.6×24 cm, matrix size = 180×200 , slice thickness = 4 mm with no interslice gap, controlled aliasing in parallel imaging results in higher acceleration factor = 2, and an SMS acceleration factor of 4 for a total of 30 slices through the whole brain. Voxel sizes were $1.2 \times 1.2 \times 4$ mm with temporal resolution of 0.75 seconds.

Postprocessing of DSC-MR Imaging

Relative cerebral blood volume maps were generated with custom scripts including correction for bidirectional contrast agent exchange between the vascular and extravascular space.⁹ All rCBV values were normalized to contralateral normal-appearing white matter.

ROI and Statistical Analyses

Contrast-enhancing tumor ROIs were defined in 3D using custom scripts from Analysis of Functional Neuro Images (AFNI; <http://afni.nimh.nih.gov/afni>), excluding hemorrhage, large

vessels, and central necrosis, followed by manual editing to exclude nonlesional voxels.⁹ Additionally, 2-cm-diameter spheric ROIs were placed on contralateral normal-appearing white matter for normalization of rCBV measurements. The percentage difference in the mean rCBV ratio, maximum tumor rCBV difference, and voxelwise correlations between single-shot EPI and SMS-EPI were estimated from the resulting data for all 13 patients. GraphPad Prism software, Version 6.0h (GraphPad Software, San Diego, California) was used for all statistical analyses.

RESULTS

Both raw DSC and calculated rCBV maps were of comparable quality; however, rCBV maps calculated with SMS-EPI were obtained for the entire brain and at slightly higher spatial resolution compared with rCBV maps obtained with conventional single-shot EPI (Fig 1A, -B). The mean tumor rCBV difference between these 2 techniques was $4.7\% \pm 0.6\%$ (Fig 1C), and the maximum tumor rCBV difference was $10.8\% \pm 1.2\%$ (Fig 1D). Voxelwise correlations in rCBV between the 2 techniques showed a significant association in all patients examined (Fig 1E), with rCBV ratios in the tumor with respect to normal-appearing white matter slightly higher when estimated using SMS-EPI.

CONCLUSIONS

SMS-EPI can increase the spatiotemporal resolution in DSC-MR imaging, resulting in larger brain coverage (12 versus 10 cm), higher in-plane spatial resolution ($1.2 \times 1.2 \times 4$ mm versus $1.875 \times 1.875 \times 5$ mm), and faster temporal resolution (0.75 versus 1.25–1.90 seconds), with comparable results in quantification of tumor vascularity and clinical feasibility. While the potential impact on slice-to-slice perfusion quantitation is not currently known and results suggest that there may be little effect, a larger study is warranted. Together, these data demonstrate the potential clinical value of using SMS-EPI to estimate rCBV in patients with brain tumors with a high degree of reproducibility in terms of vascular biology quantification compared with historical test-retest studies.¹⁰

Disclosures: Whitney B. Pope—RELATED: Consulting Fee or Honorarium: Bracco; UNRELATED: Grants/Grants Pending: Guerbet.* Benjamin M. Ellingson—RELATED: Grant: Siemens; UNRELATED: Board Membership: MedQIA, Medicenna, Roche, Agios Pharmaceuticals, Bristol-Myers Squibb; Consultancy: MedQIA, Medicenna, Roche, Agios Pharmaceuticals, Bristol-Myers Squibb. *Money paid to the institution.

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