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Evaluation of CT Perfusion in the Setting of Cerebral Ischemia: Patterns and Pitfalls

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REVIEW ARTICLE

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Evaluation of CT Perfusion in the Setting of Cerebral Ischemia: Patterns and Pitfalls

SUMMARY: CTP has a growing role in evaluating stroke. It can be performed immediately following NCCT and has advantages of accessibility and speed. Differentiation of salvageable ischemic penumbra from unsalvageable core infarct may help identify patients most likely to benefit from thrombectomy or thrombolysis. Still, CTP interpretation can be complex. We review normal and ischemic perfusion patterns followed by an illustrative series of technical/diagnostic challenges of CTP interpretation in the setting of acute stroke syndromes.

ABBREVIATIONS: ACA = anterior cerebral artery; AIF = arterial input function; ASPECTS = Alberta Stroke Program Early CT Score; CBF = cerebral blood flow; CBV = cerebral blood volume; CTA = CT angiography; CTP = CT perfusion; DWI = diffusion-weighted imaging; ICA = internal carotid artery; MCA = middle cerebral artery; MTT = mean transit time; NCCT = noncontrast CT; PET = positron-emission tomography; SPECT = single-photon emission CT; TTP = time to peak; VOF = venous output function

n the assessment of acute stroke syndrome, neuroimaging plays a critical role in determining patient care. NCCT remains the first-line imaging technique for differentiating hemorrhagic and ischemic stroke and identifying other etiologies for altered neurologic status, such as an intracranial mass.¹ In stroke, NCCT is used to exclude acute hemorrhage and large areas of clearly infarcted tissue and to select patients for thrombolysis.²⁻⁴ The addition of cross-sectional CT angiography and perfusion imaging can further improve detection of infarct, can identify candidates who will have the best functional outcome after thrombolysis, and may further widen the time window for intravascular therapy.⁵⁻⁸

The role of CTP in the acute stroke setting continues to grow despite widespread use of DWI.9 CT has distinct advantages, including relative cost, availability, and ease of patient monitoring.¹⁰ The advent of multidetector CT has also increased imaging speed, making dynamic and angiographic imaging possible. CTP and CTA can be performed rapidly and conveniently following NCCT.11 On 16-section multidetector scanners, the total additional scanning time for CTP/CTA is <2 minutes. The total additional acquisition time is approximately 15 minutes, and additional postprocessing time is approximately 10 minutes.¹² CTP imaging can be performed while keeping the radiation dose as low as possible and producing useful perfusion maps. Care must be taken to optimize scanning parameters for CTP as per recent statements from the US Food and Drug Administration,13 the American College of Radiology, and American Society of Neuroradiology.¹⁴

With CTP, it is not only possible to accurately identify potentially salvageable ischemic tissue (penumbra) and separate this from irreversibly infarcted tissue (core), but recent work

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shows that CTP can be used to predict the benefit after thrombolysis.¹⁵ Studies have shown good agreement of CTP findings with DWI and MR perfusion.^{7,16} In addition, CBF can be quantified by using CTP.

CTP packages are now available on virtually all commercial CT scanners. As the role of CTP grows in the diagnosis and treatment of acute stroke, it becomes ever more important for the radiologist to understand patterns and potential pitfalls in interpretation. We review a series of perfusion patterns with illustrative cases of cerebral ischemia and mimickers.

Perfusion Patterns

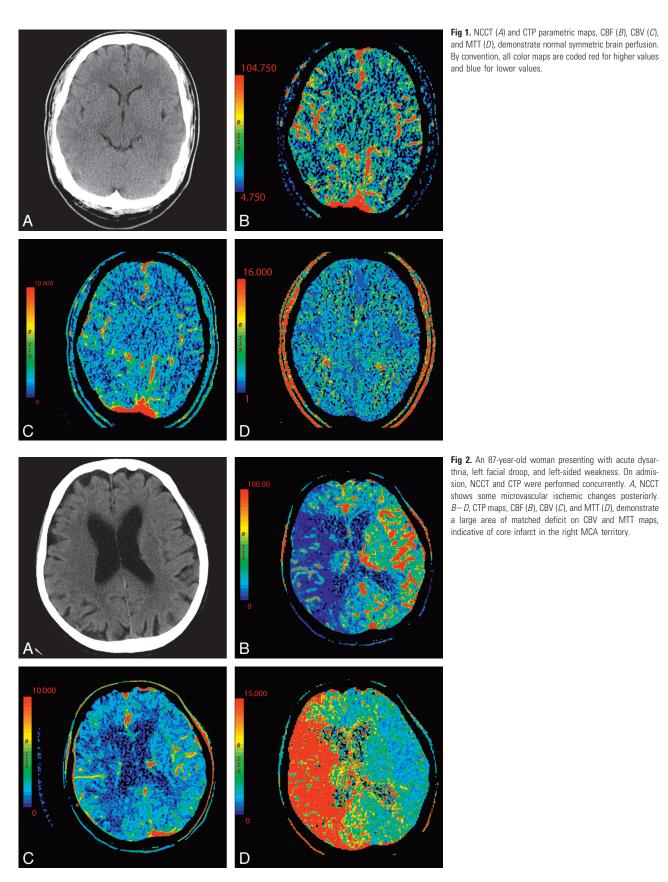
Normal Perfusion

CTP parameters that are commonly calculated by commercially available postprocessing software platforms include CBF, CBV, MTT, and TTP. CBF, CBV, and MTT are related by the central volume principle: CBF = CBV / MTT.¹⁷ These are commonly derived from CTP source data by using deconvolution analysis.¹⁸ CTP measures brain tissue blood perfusion. CBV is measured in units of milliliters of blood per 100 g of brain and is defined as the volume of flowing blood for a given volume of brain. MTT is measured in seconds and defined as the average amount of time it takes blood to transit through the given volume of brain. CBF is measured in units of milliliters of blood per 100 g of brain tissue per minute and is defined as the volume of flowing blood moving through a given volume of brain in a specific amount of time.¹⁸

In normal perfusion, there is symmetric perfusion with higher CBF and CBV in gray matter compared with white matter, reflecting the physiologic hemodynamic differences between these tissues (Fig 1).¹⁹

Core Infarct versus Penumbra

In the setting of acute infarction, areas of irreversibly infarcted tissue show matched areas of decreased CBF and CBV with increased MTT (Fig 2). This pattern suggests neuronal death with irreversible loss of function or core infarct.²⁰ In several studies correlating CTP with DWI, severe decreases in CBV are particularly sensitive and specific for defining the extent of unsalvageable core.^{8,21-23}



On the other hand, in the setting of acute infarction, it is possible to have regions of tissue that show decreased CBF with maintained CBV indicating potentially salvageable tissue or penumbra. Such areas can also be characterized by prolonged MTT extending beyond areas of core infarct (Fig 3) and have been called CBV/MTT mismatch.^{11,24} As an alternative to visual inspection for CBV/MTT mismatch, recent work has been done to develop computer-automated generation of

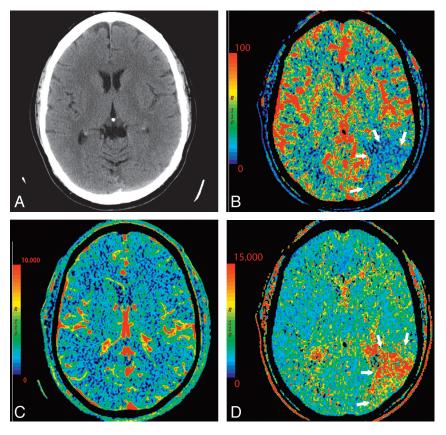


Fig 3. A 64-year-old man presenting with headache and acute aphasia. A, On admission, NCCT and CTP were performed. NCCT shows no evidence of acute infarction. B, CT perfusion CBF map shows a region of decreased perfusion within the posterior segment of the left MCA territory (*arrows*). D, MTT map shows a corresponding prolongation within this same region (*arrows*). C, CBV map demonstrates no abnormality, therefore, representing a CBV/MTT mismatch or ischemic penumbra.

penumbra maps, which can provide an easy approximation of core infarct and region of penumbra.²⁵ Reports suggest being able to extend the intravascular therapeutic window with the identification of substantial penumbra.^{8,26-28}

Postischemic Hyperperfusion

Postischemic hyperperfusion reflects restoration of perfusion pressure to normal or near-normal values in a cerebrovascular territory affected by prior severe ischemia due to either spontaneous or therapeutic recanalization of occluded vessels.²⁹ This has been shown by multiple modalities including Xenon-311 perfusion imaging, SPECT, and PET.³⁰ Hyperperfusion following cerebral ischemia in the early acute stage tends to last a short time and has been associated with better prognosis. On the other hand, postischemic hyperperfusion persisting into subacute stages of ischemia indicates a less favorable prognosis and is associated with increased edema and hemorrhage.³⁰ Recent animal studies by using PET and SPECT have been performed to investigate the implications of early post-ischemic hyperperfusion.³⁰⁻³²

In the setting of main vessel occlusion followed by recanalization, CBV and CBF are increased within the distal territory of interest compared with contralateral brain (Fig 4).²⁹ When interpreting CTP in the setting of acute stroke syndrome, one must be aware of this phenomenon. Correlating with the clinical history may be particularly useful. Areas of hyperperfusion after an ischemic event should not be erroneously identified as contralateral areas of hypoperfusion and acute infarction.

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Establishing CTP Thresholds

Visual inspection of CTP color maps can be an effective way of identifying areas of core infarct and penumbra and may be sufficient to guide decisions on intervention.^{8,9} Visual inspection has the advantage of speed and simplicity of use; however, this qualitative technique is dependent on user interpretation.

In addition, it is also possible to calculate quantitative CTP parameters (Fig 5). These have been shown to be effective in demonstrating acute ischemia, distinguishing salvageable from unsalvageable tissue, and predicting therapeutic outcome, yet protocols and guidelines for quantitative thresholds vary.^{5,8,21-23,25,33-39} Differences in CTP hardware and software can affect quantified metrics,^{1,37,40} and clearly defined thresholds for guiding therapy have yet to be standardized.³⁴ Some studies suggest the use of CBF thresholds for defining areas of infarct, specifically CBF $< 25 \text{ mL} \times 100 \text{ g}^{-1} \times \text{min}^{-1}$.²⁴ In an analysis of 130 patients with acute stroke, Wintermark et al²¹ suggested using absolute CBV $\leq 2 \text{ mL} \times 100 \text{ g}^{-1}$ to define core infarct, and relative MTT increase >145% to define penumbra. Murphy et al²⁴ studied 30 patients and demonstrated $CBF \times CBV$ as the best predictor for differentiating core infarct and penumbra, better than CBF or CBV thresholds alone. Specific thresholds are also specific to the perfusion software platform being used and may not be automatically transferable to other vendors, scanners, and even software versions. At this time, much work remains to standardize quantitative methods of CTP interpretation, which, in the future, may be addressed by a proposed consortium for acute stroke imaging.34

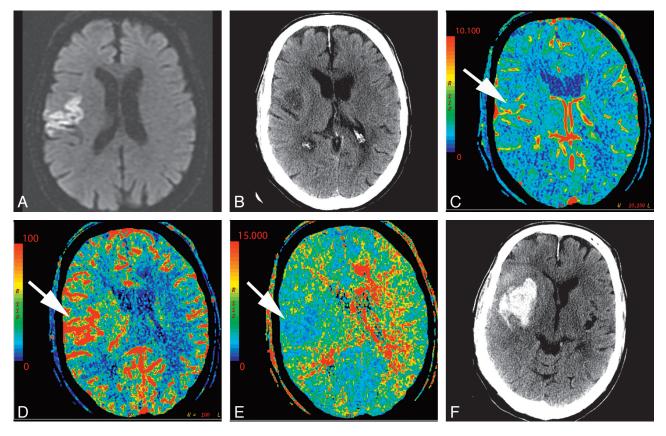


Fig 4. A 74-year-old man who presented to the emergency department after a fall with left-sided weakness. Initial CT findings were normal (not shown). *A*, DWI sequence obtained 2 days later demonstrated an acute/subacute right frontal infarct. *B*, Several hours later, the patient had new contralateral symptoms, which prompted this CTP study. NCCT at that time demonstrated the right frontal opercular infarct. *C*–*E*, CT perfusion demonstrates asymmetric perfusion with relatively increased CBV (*C*), increased CBF (*D*), and decreased MTT (*E*) in this region (*arrows*) compared with the contralateral brain. This is consistent with postischemic hyperperfusion. Of note, no abnormalities are seen in the left hemisphere. *F*, The following day, the patient's symptoms progressed, and follow-up NCCT shows hemorrhage in the region of subacute infarction.

As an alternative, some investigators have proposed adapting a semiquantitative method of visual assessment, applying the ASPECTS technique to CTP evaluation. ASPECTS is a technique originally conceived for use in the setting of acute MCA stroke syndrome to grade the NCCT appearance of MCA territory regions on a 10-point grading system. In the European and Australia Cooperative Stroke Study II trial, AS-PECTS grade was shown to have implications for treatment and prognosis.²⁻⁴ Applied to CTP, ASPECTS scoring of parametric maps has been shown to improve identification of early ischemic changes and predict infarct extent and outcome of thrombolysis compared with NCCT alone.⁴¹⁻⁴⁴ Semiquantitative methods are easy to implement, potentially useful, and promising methods of analysis.

Technical Pitfalls

Section Selection

Currently, most CTP protocols use selective axial sections through the basal ganglia to image the MCA territory. These protocols may result in the exclusion of areas of abnormal perfusion (Fig 6). In addition, to evaluate posterior circulation ischemia, protocols must be appropriately adjusted to include lower sections (Fig 7).⁹ Nagahori et al⁴⁵ demonstrated prolonged time of bolus arrival and TTP in posterior circulation infarcts. CTP may be a potentially useful adjunct, particularly in the evaluation of posterior fossa ischemia because this location is notoriously difficult to evaluate on NCCT. Care must be taken to image the appropriate brain volume corresponding to the clinical syndrome.

In the future, difficulties arising from appropriate section selection may be resolved with 256-detector scanners, which permit dynamic scanning through the entire brain volume.^{9,46} Because of cost considerations, it remains to be seen whether the next generation of multidetector scanners will enter the clinical arena. Radiation dose may be a concern; however, the wider nominal beam used by a 256-detector scanner could, in fact, reduce overall radiation dose compared with 16-detector scanners currently widely in use.⁴⁷

AIF and VOF

The availability of adequate AIF and VOF is necessary for obtaining valid CTP maps. In cases such as suboptimal contrast bolus, cardiac arrhythmia, severe intracranial vascular narrowing, or multiple intracranial emboli, lack of adequate flow within the vessels of the circle of Willis could preclude calculation of diagnostic CTP maps (Fig 8). Similarly, poor placement of venous outflow region of interest can be problematic (Fig 9). Technical issues can result in an appearance mimicking global hypoperfusion.

Arterial and venous regions of interest and pre- and postenhancement cutoff values are selected from CTP

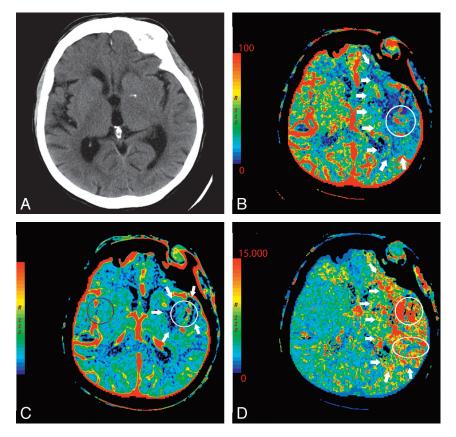


Fig 5. A 76-year-old man presenting with acute right-sided symptoms. *A*, NCCT is normal. CTP map demonstrates a large left MCA stroke with penumbra. *B*, The CBF map and *D*, the MTT map demonstrate decreased flow and prolongation of MTT in most of the left MCA territory (*arrows*) with a CBF (10 mL 100 g1 min1). *C*, On the CBV map, there is a region of decreased perfusion in the left basal ganglia only (*arrows*). This represents a CBV/MTT mismatch or ischemic penumbra. The CBV on the ischemic side is 0.6 mL \times 100 g⁻¹. Relative MTT on the ischemic side is 500% increased within the core and 200% increased within the penumbra compared with homologous contralateral brain.

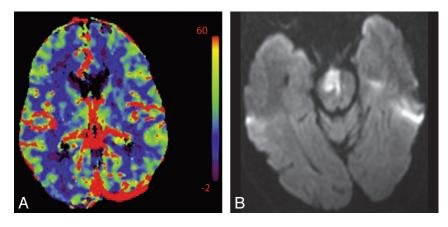


Fig 6. A 58-year-old man presenting with acute left hemiparesis and what was thought to be acute right MCA syndrome. A, CTP at admission demonstrates symmetric and normal-appearing perfusion; CBV is shown. B, However, an acute infarct is seen on DWI outside the volume imaged during CTP.

source imaging to generate representative arterial input and venous outflow time-attenuation curves, which are then used to calculate CTP parameters. The AIF is frequently obtained from the A2 segment of the ACA. Because it travels perpendicular to the axial plane, the A2 segment of the ACA is seen on multiple images, and it is easy to train technologists to find this vessel. However, other arteries may be used as well such as the ICA and MCA. Even external carotid artery branches may be used as surrogate AIFs and have been shown to correlate well with the ACA.⁴⁸ Venous outflow is frequently obtained from 1 of the dural venous sinuses (Fig 9). Poor placement of regions of interest affects both visual and quantitative CTP assessment.⁴⁹

Diagnostic Pitfalls

Small and Chronic Infarcts

Calculated CTP maps are relatively low in resolution, and small strokes are not as obvious as large territory infarcts. Small infarcts may be missed even when they are included in the interrogated volume; however, these can be highly symptomatic when located within eloquent areas (Fig 10).

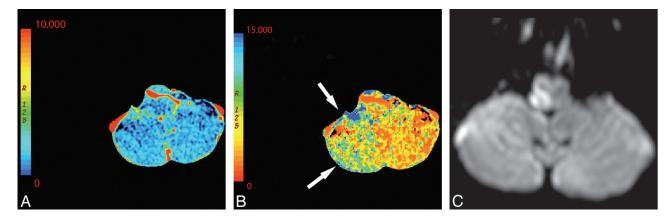


Fig 7. A 61-year-old man presenting with an acute right Wallenberg syndrome. A and B, CBV (A) and MTT (B) maps (here shown in reverse color scheme) obtained through the level of the posterior fossa show an area of ischemic penumbra in the right posterior inferior cerebellar artery territory (arrows). C, DWI confirms a right lateral medullary infarct with salvage of the right inferior cerebellar hemisphere penumbra.

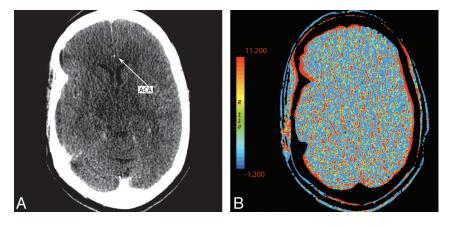


Fig 8. A 55-year-old woman presenting with left hemiparesis and normal findings on head CT. A, CTP source image shows poor contrast opacification within the right ACA (arrow). Commonly, the A2 segment of the ACA can be used for AIF placement. In this case, this was inadequate and resulted in nondiagnostic functional CTP maps. B, CBV is shown as an example.

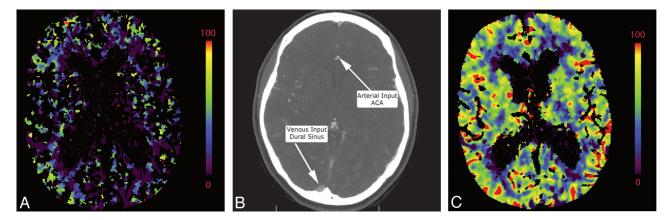


Fig 9. A, Inappropriate venous region-of-interest selection resulting in the CBV appearance mimicking global hypoperfusion. Perfusion was symmetric and normal following correct region-of-interest placement in the same patient (not shown). B, An example of appropriate placement of the AIF and VOF regions of interest is shown in the ACA and superior sagittal sinus, respectively. C, The corresponding normal findings on CBV are shown.

Areas of chronic infarction are frequently obvious on NCCT; however, the perfusion appearance of chronic infarct can be confusing. The appearance of chronic infarct on CTP is not immeasurably low. Nuclear imaging studies have shown that most tissue in regions of chronic infarct demonstrates a low but persistent degree of metabolism and CBF.³² There is continued perfusion to remaining neuronal and glial cells within gliotic brain parenchyma, leading to diminished but persistent and measurable perfusion (Fig 11). It is important

to interpret CTP in conjunction with NCCT and clinical history to avoid misinterpretation of chronic infarcts as being more recent. Areas of acute infarction adjacent to areas of more chronic infarct may be difficult to identify.

Microvascular Ischemia

Regions of chronic microvascular ischemia are common in patients with cerebrovascular risk factors and, therefore, may be frequently encountered in the interpretation of CTP.⁵⁰ Re-

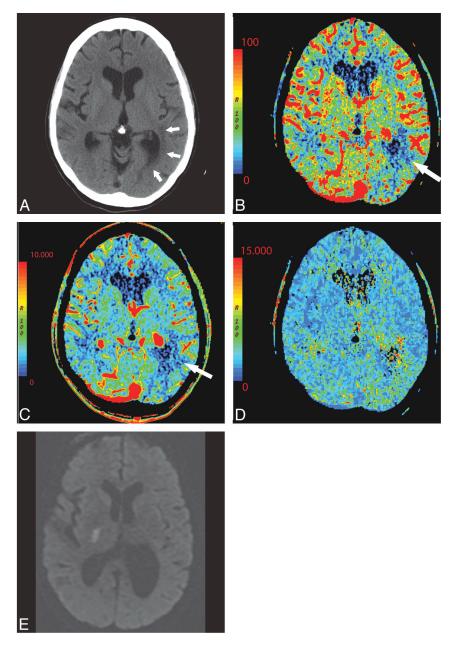


Fig 10. A 58-year-old woman with left-sided weakness. A–D, NCCT (A) shows left periatrial microvascular ischemic changes (*arrows*) corresponding to perfusion abnormalities of CBF (B), CBV (C), and MTT (D) maps (*arrows*). Strategically located infarcts may be symptomatic though small and difficult to detect. No gross asymmetric perfusion is seen in the region of the right internal capsule. *E*, DWI performed on the same day shows a small acute infarct in the posterior limb of the right internal capsule.

ductions in CBF to brain parenchyma affected by white matter disease have been demonstrated by using a variety of modalities,^{51,52} and CTP corroborates these findings. Recently, Huynh et al⁵³ used perfusion CT parameters to evaluate patients with white matter changes. They found decreased CBV in subjects with moderate-to-severe white matter changes compared with those with mild changes. The CBV was reduced in the periventricular region, and no changes in MTT were detected between the 2 groups. When asymmetric, microvascular changes may potentially be mistaken for regions of acute ischemia (Fig 10).

Extracranial and Intracranial Stenoses

Perfusion asymmetry in the setting of stenosis is difficult to evaluate. It can be unclear whether changes in perfusion reflect

acute ischemia, slow collateral flow, or a combination of the 2 (Fig 12). Cerebral hypoperfusion can result from a range of extracranial etiologies, including extracranial carotid stenosis, proximal intracranial stenosis, and cerebrovascular steal syndromes.⁵⁴⁻⁵⁷

MTT prolongation is the most consistent and reproducible CTP abnormality in symptomatic extracranial carotid stenosis.^{54,57} This is accompanied by variable changes in CBF and CBV. Poststenotic areas may mimic or overestimate areas of acute ischemic penumbra. Therefore, the evaluation of the vessels via concurrent CTA should be routine.

On the other hand, steno-occlusive disease can also mask areas of true infarct. Investigators have shown that AIF selection in MR perfusion may improperly reflect flow through stenotic vessels.⁵⁸ There is also documented interobserver

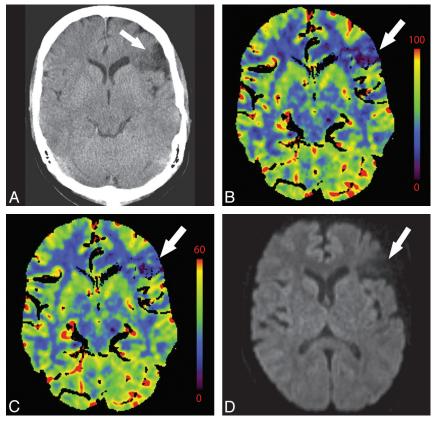


Fig 11. A 44-year-old woman with a history of anxiety disorder presenting with acute right facial weakness and expressive aphasia. She had no known history of prior stroke. CTP demonstrates a focal area of hypoperfusion in the left frontal lobe within an area of chronic-appearing infarct (*arrows*). Chronic infarcts have measurable though diminished perfusion. Areas of acute infarct adjacent to chronic infarcts may, therefore, be difficult to detect. NCCT (*A*), CBF (*B*), CBV (*C*), at presentation; DWI (*D*) 1 day later.

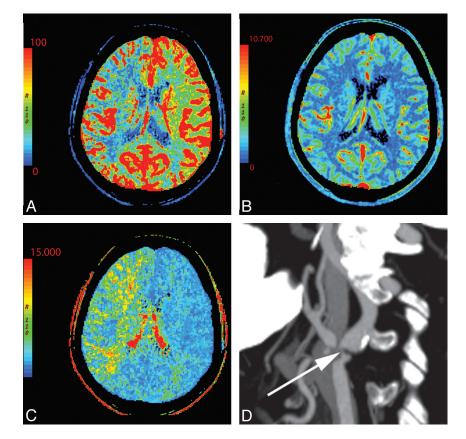


Fig 12. A 76-year-old man with change in mental status. NCCT findings (not shown) were normal. A - C, There is decreased CBF (A) and prolonged MTT (C) in the right MCA and ACA territories with preserved CBV (B). D, CTA reveals severe right ICA stenosis at its origin (arrow).

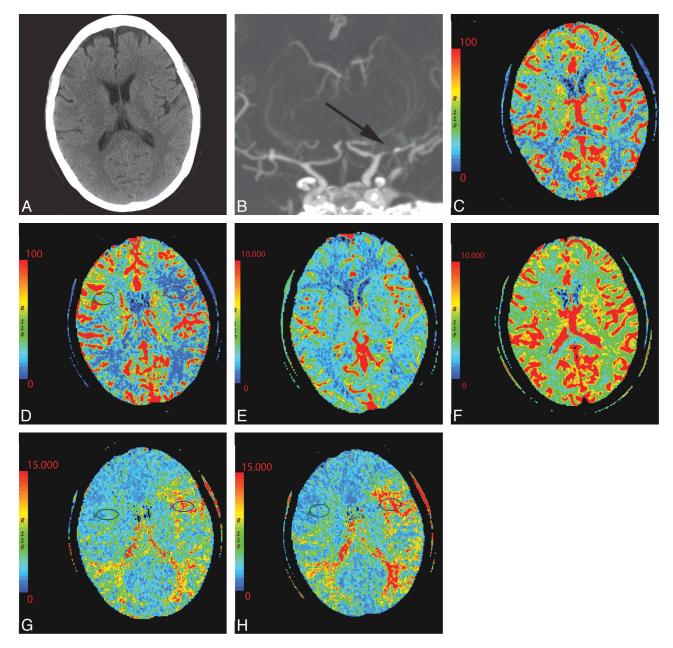


Fig 13. A 54-year-old woman with dizziness and right-sided weakness. *A*, NCCT shows no gross abnormality. *B*, Coronal MIP from CT angiography demonstrates severe M1 of the left MCA and prominent collateral vessels (*arrow*). *C*-*H*, CTP before and following the administration of acetazolamide: pre-CBF (*C*), post-CBF (*D*), pre-CBV (*E*), post-CBV (*F*), pre-MTT (*G*), and post-MTT (*H*) images. Technique and scaling of the images are identical before and after acetazolamide administration. There is global bihemispheric increase in CBF and CBV after acetazolamide administration; however, there is increased asymmetric perfusion between the poststenotic (left) and the nonstenotic territories (right) as seen within the oval regions of interest. This is best seen as prolonged MTT following acetazolamide in portions of the left MCA territory relative to the baseline CT perfusion scan.

variability in CTP, depending on AIF selection.⁵⁹ Operator experience may be crucial to properly select local AIF that best reflects the hemodynamics of distal brain parenchyma.

Assessing Cerebrovascular Reserve

Poststenotic regions can be further evaluated by using an acetazolamide challenge CTP to assess cerebrovascular reserve. Vascular stenosis or occlusion leads to reduced distal perfusion pressure. The degree of stenosis does not accurately predict hemodynamic compromise. There are other mechanisms that may compensate, including collateral circulation and autoregulatory reflex vasodilation. Collateral circulation plays an important role in the case of chronic stenoses.⁶⁰ Autoregulatory reflex vasodilation tends to be more important in cases of acute stenoses.⁶¹ These mechanisms provide physiologic reserve to compensate during times of stress. Inability to compensate in times of stress can induce ischemia. In patients with stenotic lesions, baseline CTP maps are not useful in predicting cerebrovascular reserve; however, changes in CBF^{60,62} and MTT⁶¹ after acetazolamide challenge correlate with hemodynamic reserve (Fig 13). Acetazolamide is a potent carbonic anhydrase inhibitor causing short-term cerebral arteriole vasodilation except within territories that are already maximally dilated due to autoregulatory reflex vasodilation. CTP with acetazolamide challenge can be useful in the assessment of cerebrovascular reserve. In particular, regions that demon-

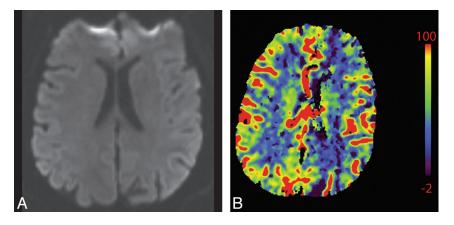


Fig 14. A 55-year-old man presenting with acute altered mental status, right facial droop, and right upper extremity weakness and witnessed generalized tonic-clonic seizure. *A*, NCCT (not shown) and DWI (*A*) findings are normal. *B*, CBV shows hypoperfusion in the left hemisphere, mimicking core infarct. Electroencephalography and PET studies (not shown) later demonstrated a right hemispheric seizure focus, supporting CTP ictal hyperperfusion related to seizure rather than relative hypoperfusion related to left hemispheric infarct. The patient's symptoms resolved.

strate prominent changes in MTT after acetazolamide should be considered at-risk territories.⁶¹

Vasospasm

Vasospasm is another condition in which CTP may be abnormal, mimicking areas of penumbra in the setting of acute stroke syndrome. Of course, the appropriate clinical scenario should suggest the diagnosis. The radiologist interpreting CTP must be aware of perfusion findings in vasospasm.

Severe vasospasm has been correlated with transient CTP abnormality, most notably prolongation of MTT and diminished CBF.⁶³ In animal models of subarachnoid hemorrhage, prolongation of MTT was associated with vasospasm and early mortality.⁶⁴ CTP has also been used in humans to assess the therapeutic effect of both intra-arterial vasodilators⁶⁵ and intravascular stent placement,⁶⁶ with improvement in CBF and MTT after treatment. Areas of perfusion abnormality in the setting of vasospasm should be considered at-risk territories akin to penumbra, though the pathophysiology of these 2 entities is different.

The combination of angiography and perfusion makes CT a very promising technique to evaluate patients at risk for vasospasm because it not only provides anatomic information concerning narrowing of the vessels but also provides data on brain tissue hemodynamics. Unlike other perfusion methods including SPECT and Xenon-311 perfusion imaging, CTP is fast and relatively easy to perform in ill patients with subarachnoid hemorrhage.^{67,68} Attention must be paid, however, to the radiation dose because patients with vasospasm are likely to require multiple follow-up studies.

Seizure

Seizure can be a clinical diagnostic dilemma because status epilepticus and postictal paralysis are both mimickers of acute stroke, and to further complicate matters, seizure can be a presenting symptom of cortical stroke. CTP may show asymmetric perfusion with ictal areas of hyperperfusion (Fig 14). With visual interpretation of color maps, this pattern can be mistaken for contralateral areas of the ischemia.^{69,70} Currently, characteristics of CTP imaging in the setting of seizure have not been studied in depth.⁶⁹ The establishment of abso-

lute quantitative CTP thresholds may be especially useful in such cases. Recent work by Hauf et al⁷¹ suggests that CTP can be used as an adjunct to electroencephalography to document ongoing seizure activity in patients with nonconvulsive status epilepticus, which may help in management of this difficult scenario.

Conclusions

CTP in the setting of acute stroke syndrome is gaining more widespread use. CT has the advantages of being widely available and easily providing quantitative perfusion metrics. Both visual inspection and semiquantitative methods have potential roles in CTP analysis. CTP maps can accurately show regions of core infarct and penumbra, and CTP has recently been shown to be useful in predicting benefit from thrombolytic therapy.¹⁵

In interpreting CTP maps, there are several patterns with which one should be familiar. Care must be taken in the qualitative interpretation of perfusion maps because there are several scenarios that may be confusing. Attention should be paid to technical aspects of data acquisition and postprocessing, including placement of AIF and VOF regions of interest as well as selecting an appropriate volume of imaging for the patient's clinical syndrome. Entities such as chronic infarct, severe microvascular ischemia, and seizure can be mistaken for acute infarct. Vascular stenoses can mimic and overestimate areas of ischemic penumbra; therefore, CTP should always be performed and interpreted in conjunction with CTA. Additional uses of CTP are currently under investigation, such as evaluating cerebrovascular reserve. For both quantitative and qualitative postprocessing, operator experience and clinical correlation is of utmost importance for the correct interpretation of CTP data.

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