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AJNR Am J Neuroradiol 2016, 37 (3) 481-486

doi: <https://doi.org/10.3174/ajnr.A4558>

<http://www.ajnr.org/content/37/3/481>

Intravenous C-Arm Conebeam CT Angiography following Long-Term Flow-Diverter Implantation: Technologic Evaluation and Preliminary Results

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ABSTRACT

BACKGROUND AND PURPOSE: A noninvasive investigation with high spatial resolution and without metal artifacts is necessary for long-term imaging follow-up after flow-diverter implantation. We aimed to evaluate the diagnostic value of conebeam CT angiography with intravenous contrast enhancement in the assessment of vascular status following implantation of the Pipeline Embolization Device and to analyze the preliminary results of vascular status following long-term Pipeline Embolization Device implantation.

MATERIALS AND METHODS: This was an ongoing prospective study of consecutive patients with intracranial aneurysms treated with the Pipeline Embolization Device. Patients with a modified Rankin Scale score of 4–5 were excluded. The median and interquartile range of the time interval of Pipeline Embolization Device implantation to conebeam CT angiography with intravenous contrast enhancement were 56.6 and 42.9–62.4 months, respectively. Conebeam CT angiography with intravenous contrast enhancement was performed with the patient fully conscious, by using a C-arm CT with a flat panel detector.

RESULTS: There were 34 patients and 34 vascular segments. In all 34 cases, contrast effect and image quality were good and not substantially different from those of intra-arterial conebeam CTA. Metal artifacts occurred in all 14 cases with coil masses; the Pipeline Embolization Device was obscured in 3 cases. In all 34 cases, there was no residual aneurysm, no vascular occlusion, 1 vascular stenosis (50%), good Pipeline Embolization Device apposition to the vessel, and no Pipeline Embolization Device–induced calcification. All 28 Pipeline Embolization Device–covered side branches were patent.

CONCLUSIONS: Conebeam CT angiography with intravenous contrast enhancement is potentially promising and useful for effective evaluation of the vascular status following intracranial flow diverters. The Pipeline Embolization Device for intracranial aneurysms is probably safe and promising for long-term placement, with favorable morphologic outcome and without delayed complications.

ABBREVIATIONS: CBCT = conebeam CT; CBCTA = conebeam CT angiography; IACBCTA = conebeam CT angiography with intra-arterial contrast enhancement; IVCBCTA = conebeam CT angiography with intravenous contrast enhancement; PED = Pipeline Embolization Device

The Pipeline Embolization Device (PED; Covidien, Irvine, California) as a flow diverter has been introduced for the treatment of intracranial aneurysms.^{1–6} To date, knowledge on the anatomic status of the post-PED vascular segment as revealed on DSA is mainly limited to within 6–12 months.^{1,2,4,5,7,8} Follow-up DSA with a longer duration of 18–24 months has been reported in only 2 studies.^{6,9} Beyond 24 months, post-PED

vascular status has been studied only with MR imaging,¹⁰ but CT angiography or MR angiography is not desirable for this purpose owing to metal artifacts from the PED and suboptimal spatial resolution.^{11,12} The long-term status of the post-PED vascular segment and the covered side branches beyond 24 months remains unknown. The use of DSA to assess long-term post-PED vascular status is probably not practical because patients tend to refuse an invasive investigation when they do not see an immediate clinical need; such limitations could be an important cause of lack of long-term angiographic data. There

Received April 28, 2015; accepted after revision July 29.

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This research was supported by funding from the Vascular and Interventional Radiology Foundation.

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<http://dx.doi.org/10.3174/ajnr.A4558>

is, therefore, a need for a noninvasive technique with multiplanar cross-sectional imaging capability for simultaneous visualization of the PED and the vessel lumen, to allow adequate examination of the PED-paved vascular segment.

The use of conebeam CT angiography with intravenous contrast enhancement (IVCBCTA) for patient monitoring following placement of flow diverters has been reported and found to be feasible and potentially useful.¹³⁻¹⁵ We aimed to evaluate the diagnostic value of IVCBCTA in the assessment of post-PED vascular status and to analyze the preliminary results of vascular status following long-term PED implantation.

MATERIALS AND METHODS

Study Design

This was part of a prospective study that aimed to evaluate the long-term radiologic outcome of PED implantation. The study had been approved by the institutional review board, conducted in accordance to the Declaration of Helsinki and the International Conference on Harmonisation Good Clinical Practice. Consecutive patients with intracranial aneurysms treated with the PED between September 2008 and December 2011 were invited to participate in this study according to the chronologic order of the date of PED implantation. Patients who gave consent to the study were included. Patients with a modified Rankin Scale score of 4 or 5 at the time of this study, between October and December of 2014, were excluded because it is unethical to overburden this group of patients with an investigation that does not directly benefit them; moreover, the increased risk of motion artifacts due to the increased likelihood of restlessness and noncompliance among these patients was also a concern. The study objectives were to evaluate the diagnostic value of IVCBCTA in the assessment of post-PED vascular status and to analyze the preliminary results of vascular status following long-term PED implantation.

Imaging Protocol

The patients were positioned supine with the head placed on a rubber head mold for stability. The patient's head and the rubber mold were bound to the floating tabletop with 3 external immobilization straps set on the forehead and mandible. The contrast arrival time from the right antecubital vein to the cervical carotid arteries was predetermined specifically for each individual patient with a test dose of 15 mL of iohexol (Omnipaque, 350 mg I/mL; GE Healthcare, Piscataway, New Jersey) delivered at 4 mL/s through an 18-ga catheter by using a power injector. DSA was performed at 1 frame/s in the frontal projection. Before conebeam CT (CBCT), 80 mL of Omnipaque, 350 mg I/mL, was injected at a rate of 4 mL/s. CBCT scanning was activated following contrast injection at a time lag equivalent to the contrast arrival time. CBCT was performed by using biplane DSA equipment (Allura FD20/20; Philips Healthcare, Best, the Netherlands) that consisted of a C-arm-mounted CT unit and a digital flat panel detector. A nontruncated CT volume was created at a detector format of 48 cm, a projection matrix of 1024×792 pixels without pixel binning, 2464×1904 photodiodes, scintillator thickness of 550- μm , scanning time of 20 seconds, 622 projections, an ac-

quisition range of 240° , and 0.38° angular increment. The detector entrance-dose setting was 149.0 nGy/projection. The respective raw data were transferred to the XperCT (Philips Healthcare) workstation for reconstruction. At the default zoom factor of 140% and default resolution of 384^3 , voxels of $467 \mu\text{m}^3$ were created at a pixel pitch of 254 μm . A second reconstruction on a specific area of interest was performed at 33% zoom and 384^3 resolution to create voxels of $65 \mu\text{m}^3$. Reconstruction took approximately 30 seconds. The isotropic volume data of the PED-paved vascular segment were displayed at a thickness of 0.2–0.27 mm, examined at multiplanar cross-sectional projections, and included the longitudinal and axial sections of the vascular segment, with manipulation of the parameters of metal or soft-tissue algorithms. 3D imaging was used to define the location of the PED in relation to bone structures, the location of embolization coils in relation to the PED, and the orientation of beam-hardening artifacts in relation to the PED.

Control Conebeam CT Angiography with Intra-Arterial Contrast

The image quality of IVCBCTA was evaluated by comparing IVCBCTA with conebeam CTA with intra-arterial contrast enhancement (IACBCTA), which was performed on another date in 10 randomly selected patients as a control. The IACBCTA was performed with the internal carotid artery or the proximal vertebral artery catheterized for contrast delivery and the patient under general anesthesia. Omnipaque, 30 mg I/L 40 mL, was delivered with a power injector at 2 mL/s for 20 seconds. The scanning time was 20 seconds. The difference in image quality of IVCBCTA compared with IACBCTA was evaluated by 2 neuroradiologists who were blinded to the nature of the images and drew conclusions by consensus. Each of the 10 pairs of conebeam CT angiography (CBCTA) images was rated as “no difference or subtle difference” or “substantial difference” regarding the quality of contrast enhancement, motion artifacts, and metal artifacts due to the PED. Interobserver agreement on the ratings was estimated with κ statistics.¹⁶

Study Subjects

There were 34 patients, including 12 men and 22 women. The average age was 61.9 ± 10.3 years. The mean, median, and interquartile range of PED insertion to IVCBCTA time interval was 54.2 ± 11.3 , 56.6, and 42.9–62.4 months, respectively. Thirty-four vascular segments were involved, 32 of them located at the internal carotid artery C2–3, C3–4, C4–5, C6, or C4–6. The other 2 were located at segments 3–4 of the vertebral artery. Seven vascular segments were covered with 2 PEDs, and 27 segments were covered with 1 PED. In 28 of these 34 cases, 1 or 2 side branches were covered by the PED; in total, 32 side branches were covered. In 11 of these 34 vascular segments that had been treated with the PED for cerebral aneurysms, coil embolization had been performed for the same cerebral aneurysm. The average aneurysm size was 7 ± 5.3 mm. IVCBCTA was successfully completed in all 34 patients without adverse effects.

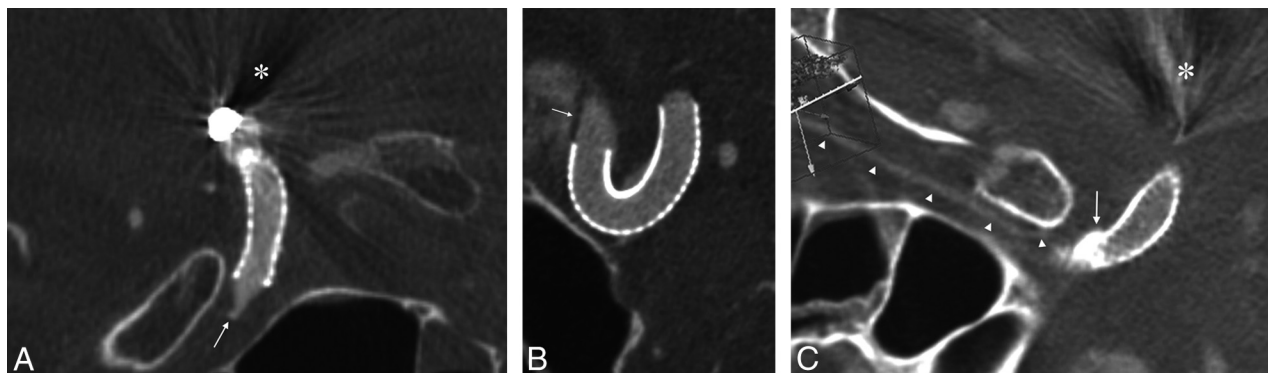


FIG 1. CBCTA with intra-arterial contrast shows the absence of motion artifacts and good contrast opacification of the vascular structures. The same image quality is also observed with IVCBCTA. *A*, Metal artifacts (*asterisk*) and the origin of ophthalmic artery (*white arrow*) are depicted on intra-arterial CBCTA. *B*, Features of contrast enhancement within the internal carotid artery and the hypoattenuated wall of the internal carotid artery (*white arrow*) within the enhanced cavernous sinus are indistinguishable from those depicted on intravenous CBCTA. *C*, In a 59-year-old man who underwent implantation of 1 PED 68 months ago, IVCBCTA shows the presence of metal artifacts (*white asterisk*) not affecting the PED-paved vascular segment to be assessed. Focal calcification can be depicted near the lower end of the PED (*white arrow*). The ophthalmic artery covered by the PED is well-preserved and well-depicted (*white arrowheads*).

Study Parameters

The study end points for the diagnostic value of IVCBCTA included the quality of intravascular contrast that was rated as “good” or “suboptimal,” the presence of motion artifacts, and the presence of metal artifacts due to the PED. The study end points for post-PED vascular status included the presence of residual aneurysms, the presence of vascular occlusion or stenosis, good PED apposition to vessel wall without any gapping, the presence of intimal calcification of the PED-paved segment, and the patency of the PED-covered vascular branch. Imaging findings were reviewed by 2 neuroradiologists who drew conclusions by consensus. Interobserver agreement on the evaluation of the diagnostic value of CBCTA and post-PED vascular status was estimated with the κ statistics.¹⁶

Statistical Analysis

Descriptive statistics were performed on the variables of patient demographics, the time interval of PED implantation to IVCBCTA, and all the study parameters. Interobserver agreement on the rating of the image quality of IVCBCTA compared with IACBCTA, the evaluation of the diagnostic value of CBCTA, and the evaluation of the post-PED vascular status was estimated with κ statistics, in which a κ value of 0.81–0.99 signified almost perfect agreement.¹⁶

RESULTS

Comparison of IVCBCTA and IACBCTA

In the 10 pairs of images, there was no substantial difference between IVCBCTA and IACBCTA regarding the quality of contrast enhancement, motion artifacts, and metal artifacts due to the PED (Fig 1). There was perfect agreement between the 2 neuroradiologists on the ratings.

Diagnostic Value of CTA

In all 34 cases, the quality of the intravascular contrast effect of IVCBCTA was good ($\kappa = 1$) and there were no motion artifacts ($\kappa = 1$) (Table). In all 20 cases in which there were no embolization coils in the cerebral aneurysm, metal artifacts were not present ($\kappa = 1$). In all 14 cases in which embolization coils were

Study results

Study End Points (Total No. of Cases for Assessment)	Result	κ
Diagnostic value of IVCBCTA		
Good contrast quality (34)	34 (100%)	1
Motion artifacts present (34)	0	1
Obscuration of PED-paved segment due to metal artifact		
Embolization coil present (14)	3	1
Embolization coil absent (20)	0	1
Post-PED vascular status		
Presence of residual aneurysm (31)	0	1
Presence of vascular occlusion (31)	0	1
Presence of vascular stenosis (31)	1 (3.2%)	1
Good PED apposition to vessel wall (31)	31 (100%)	1
Intimal calcification of the PED-paved segment (31)	0	1
Patency vascular branch (28)	28 (100%)	1

present, metal artifacts were present ($\kappa = 1$). The metal artifacts were due to the coil mass, extended from the coil mass, and were orientated in the plane parallel to the direction of x-ray beams (Fig 2). In 3 of these 14 cases, all or part of the PED-paved vascular segment was oriented within the plane of metal artifacts and was obscured by the metal artifacts so that the status of these vascular segments could not be assessed. In the other 11 cases with metal artifacts due to the coil mass, the PED-paved vascular segment could still be well-depicted on CBCT ($\kappa = 1$) (Fig 2).

Post-PED Vascular Status

Apart from the 3 vascular segments that were obscured by metal artifacts, all of the other 31 vascular segments could be assessed with IVCBCTA for vascular status (Table). There was no evidence of residual aneurysms in all 31 cases ($\kappa = 1$) (Fig 3). Vascular occlusion was absent in all cases ($\kappa = 1$). Vascular stenosis of any degree occurred in only 1 case in a 79-year-old man 40 months after PED implantation ($\kappa = 1$). The stenosis was 46% (residual lumen, 1.4 mm; normal segment, 2.6 mm) and was located at the distal end of the PED at C6 of the internal carotid artery (Fig 4). The PED was well-apposed to the vessel wall and conformed to

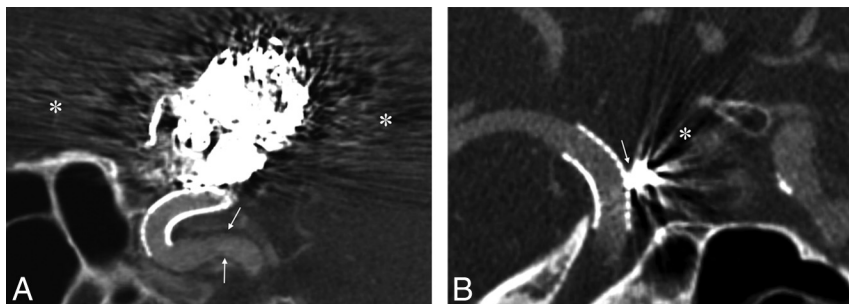


FIG 2. How the PED-paved vascular segment can still be depicted in the presence of coil-induced metal artifacts is illustrated in the following 2 cases. A, In a 67-year-old woman who had a giant aneurysm at C6 and received coil embolization 4 times with 23 coils (total length, 275 cm), including 1 stent-assisted coil embolization, the aneurysm recurred and was treated with 2 PEDs implanted at C4–6. IVCBCTA was performed 55 months after PED implantation. Although the large coil mass in close proximity induced intense metal artifacts, the PED-paved vascular segment is not affected because it lies outside the plane of metal artifacts (white asterisks) parallel to the direction of the conebeam x-ray. The PED is seen well-apposed to the vessel wall and conforming to the vascular curvature. The hypoattenuated wall of the internal carotid artery (white arrow) allows the vessel to be differentiated from the contrast-enhanced cavernous sinus. B, In a 57-year-old man who underwent coil embolization (total length, 20 cm) for a cerebral aneurysm and subsequently underwent PED implantation at C6 for aneurysm recurrence, IVCBCTA was performed 72 months afterward, which showed the PED-paved vascular segment unaffected by metal artifacts (white asterisk), despite the presence of the coil mass (white arrow) in close proximity. The PED is seen well-apposed to the vessel wall and conforming to the vascular curvature.

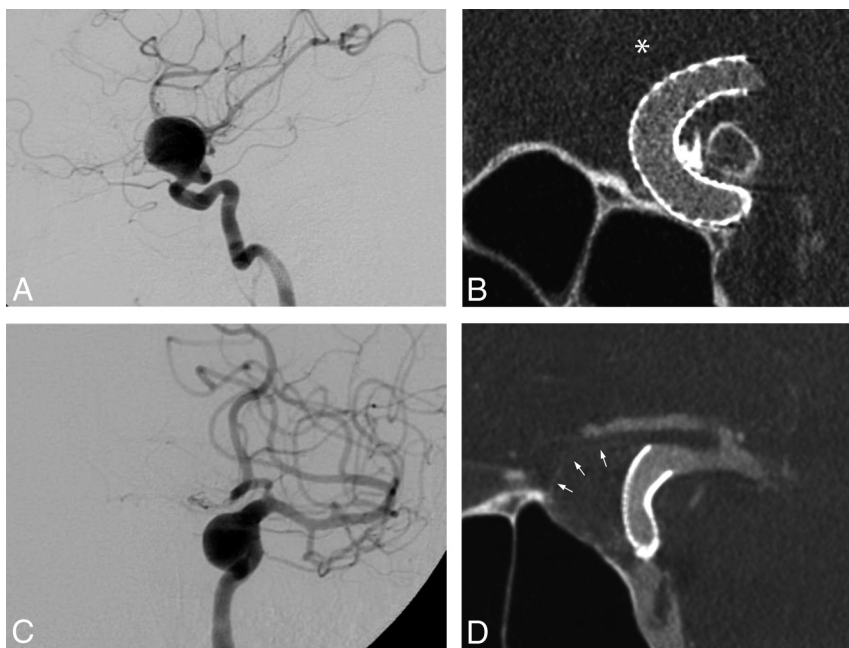


FIG 3. In a 68-year-old woman with a 21-mm saccular aneurysm located at the ophthalmic segment (C6) of the internal carotid artery as shown on DSA (A), follow-up IVCBCTA 56 months after PED implantation shows no evidence of residual cavity or wall of the aneurysm (white asterisk, B). In a 69-year-old woman with a 13-mm saccular aneurysm located at the communicating segment (C7) of the internal carotid artery as shown on DSA (C), follow-up IVCBCTA 52 months after PED shows no evidence of a residual cavity of the aneurysm but evidence of a residual wall of the aneurysm (white arrows, D).

the vascular curvature in all cases ($\kappa = 1$) (Fig 5). Focal calcification of 2–4.4 mm in length occurred in 5 cases, all located at the vessel wall outside the PED ($\kappa = 1$) (Figs 2C and 5A, -B). Calcifications occurred bilaterally at corresponding sites in all 5 cases. All were present on the plain CT before PED implantation. These features signified atherosclerotic calcification rather than PED-induced calcification. Four of 32 PED-covered side branches were

obscured by metal artifacts, and their patency could not be assessed; all of the other 28 PED-covered side branches were patent ($\kappa = 1$) (Figs 2C and 5B–D).

DISCUSSION

Compared with multidetector row CT, CBCT can provide superior spatial resolution, which is distinctly advantageous for imaging intracranial vessels, especially those with calcified atherosclerotic plaques, cerebral aneurysms, and endovascular stents.^{17,18} CBCT has a similar contrast resolution for high-contrast structures but a slightly inferior contrast resolution for low-contrast structures compared with multidetector row CT, though the difference is negligible for most clinical applications.^{17,19} The radiation dose of CBCT for the head is generally lower than that of multidetector row CT.²⁰ For example, in sinus imaging, the effective radiation doses of CBCT and multidetector row CT were 0.17 and 0.87 mSv, respectively.¹⁸ However, the image noise in CBCT images was 54.8%–70.6% higher than that in multidetector row CT images.¹⁹ CT number uniformity and accuracy were also worse with the CBCT scanner.²¹

Noncontrast CBCT has been used for intraoperative monitoring of neuroendovascular interventional procedures^{22,23}; it was found useful for visualization and characterization of intracranial stents that are notoriously low-profile and radiopaque.²⁴ In-stent restenosis, calcified plaque, and stent-vessel interface that are not visualized by radiography or DSA can be depicted with CBCT.²⁴

Intra-arterial CBCTA has been used to image intracranial stents and was found to be useful in simultaneous imaging of the stent and the parent vessel.²⁵ In the assessment of the degree of in-stent restenosis following a nitinol stent, intra-arterial CBCTA was found to correlate well with histology in an in vivo swine experiment.

Intracranial CBCTA also correlated well with DSA in assessing in-stent restenosis following intracranial stents or PEDs in clinical studies.²⁶ The accuracy of intra-arterial CBCTA in assessing the status of PED apposition to the vessel wall has been validated with catheter-based optical coherence tomography endoscopy in in vivo canine models.²⁷ The use of IVCBCTA as a noninvasive imaging alternative for the assessment of the

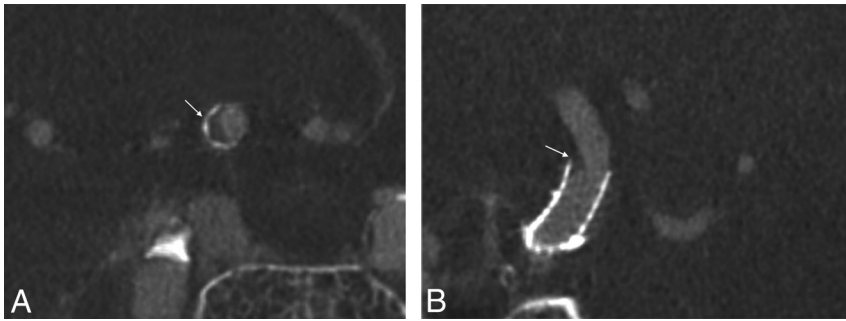


FIG 4. The only case of vascular stenosis occurred in a 79-year-old man who underwent implantation of 1 PED at 40 months before IVCBCTA. The stenosis (*white arrow*) can be well-depicted between the PED and the contrast-enhanced arterial lumen when the vascular segment C6 is examined in cross-sections perpendicular to the long axis (A) or in a longitudinal section (B).

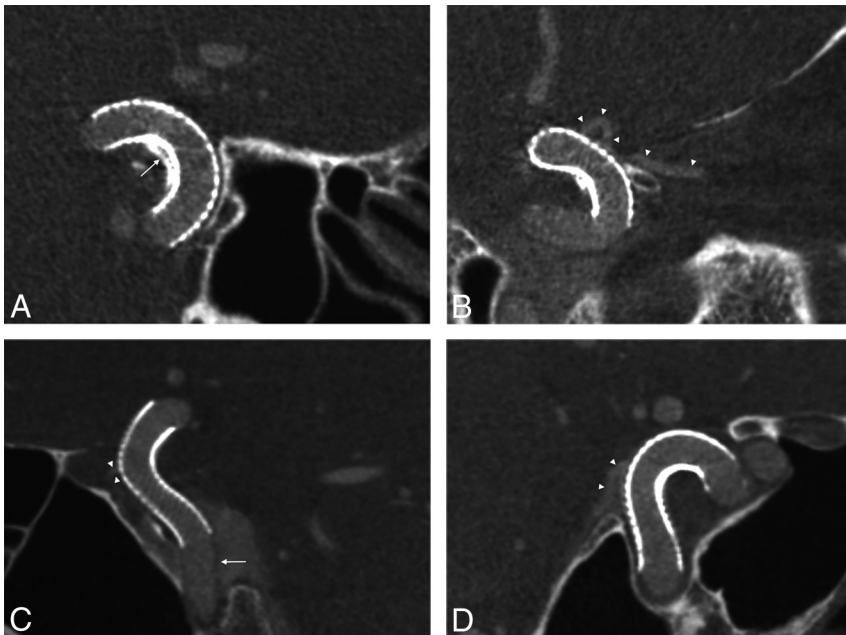


FIG 5. Good PED apposition to the vessel wall, good PED conformity to the vascular curvature, and preservation of the covered side branch can be illustrated in the following 3 patients. In a 66-year-old woman who underwent implantation of 1 PED 42 months ago, IVCBCTA (A) shows good PED apposition to the vessel wall and good conformity to the vascular curvature, with focal calcification at the wall of C5 outside the PED (*white arrow*). B, Good PED apposition to the vessel wall and focal calcification are shown again at another cross-sectional plane, in which the ophthalmic artery covered by the PED is well-preserved and well-depicted (*white arrowheads*). C, In a 68-year-old woman who underwent implantation of 1 PED 52 months ago, IVCBCTA shows good PED apposition to the vessel wall and good conformity to the vascular curvature. The hypoaattenuated wall of the internal carotid artery (*white arrow*) allows the vessel to be differentiated from the contrast-enhanced cavernous sinus. D, In an 81-year-old woman who underwent implantation of 1 PED 51 months ago, IVCBCTA shows good PED apposition to the vessel wall and good conformity to the vascular curvature. The ophthalmic artery covered by the PED is well-preserved and well-depicted (*white arrowheads*).

vascular status following flow diverters is an attractive idea that has been put into practice recently.¹³⁻¹⁵

To date, the experience of intravenous CBCTA on the assessment of flow diverters is still very limited; it is restricted to 14 patients in 3 reports.¹³⁻¹⁵ In 2 of these reports that originated from the same group, IVCBCTA was acquired with a 10-second program (Axion Artis dBA, Siemens AG, Healthcare Sector, Forchheim, Germany).^{13,14} In the other report, a 20-second program (Allura FD20/20; Philips Healthcare), the same as that being used in the current study, was used.¹⁵ A longer acquisition time of 20

seconds instead of 10 seconds allows a better image signal producing a better image quality, while there is an increased chance of image-quality degradation due to motion artifacts, especially in the absence of general anesthesia.

The results of the current study showed that with the use of a 20-second program (Allura FD20/20; Philips Healthcare), the contrast effect of IVCBCTA was good and not substantially different from that of IACBCTA in assessing PED-paved vascular segments. Despite a long acquisition time of up to 20 seconds, the images could be free of motion artifacts with the use of external immobilization straps, which was demonstrated consistently in all 34 patients without exception.

The problem of motion artifacts due to long acquisition times could likely be solved. We, therefore, believe that intravenous CBCTA is potentially a promising technique useful for effective evaluation of intracranial vessels following implantation of flow diverters in an outpatient setting without general anesthesia. However, metal artifacts due to beam-hardening, scattered radiation, sampling, and noise artifacts remain a problem in CBCT in the presence of embolization coils.²⁵ When the ROI is located in proximity to the coils and becomes obscured by metal artifacts, the diagnostic value of CBCT is greatly diminished, though the presence of a coil mass in close proximity to a vascular segment does not necessarily preclude the possibility of good-quality imaging of the vascular segment with IVCBCTA, provided the vascular segment is oriented outside the plane of metal artifacts when CT is performed. The possibility of good quality imaging of the vascular segment despite the presence of metal artifacts was demonstrated in 11 of 14 patients with intracranial coil masses

(Fig 2). If the location of the coil mass in relation to the PED-paved vascular segment can be identified and taken into account in the positioning of the patient's head in relation to the x-ray beam for CBCTA, the detrimental effect of metal artifacts on the CT image of the vascular segment can be reduced. Moreover, techniques to reduce metal artifacts due to the coil mass in CBCT are being developed.^{28,29}

The post-PED vascular status following long-term PED implantation has been evaluated in 34 cases by using intravenous CBCTA as part of an ongoing study. These preliminary results

showed very promising outcomes of complete aneurysm occlusion in all cases, absence of parent artery occlusion, a low stenosis (46% stenosis) rate of 3.2% (1/31), complete PED apposition to vessel wall in all cases, absence of PED-induced calcification, and absence of occlusion of the PED-covered side branch. These findings indicated very favorable morphologic outcome and absence of delayed complications following long-term PED placement.

The small number of cases in the current report was a limitation for the assessment of post-PED vascular status; there was also a selection bias in patients with modified Rankin Scale scores of 4 or 5. We present these early findings because we believe the findings are conclusive and unlikely to differ significantly when the entire ongoing study is completed.

CONCLUSIONS

IVCBCTA is potentially a promising technique that is useful for effective evaluation of the status of intracranial arteries following implantation of flow diverters; the PED for intracranial aneurysms is probably promising and safe for long-term placement, with very favorable morphologic outcome without delayed complications.

Disclosures: Vincent Kai Yuen Pang—UNRELATED: Expert Testimony: preparing an expert report about a case (potential medicolegal case); Travel/Accommodations/Meeting Expenses Unrelated to Activities Listed: Pamela Youde Nethersole Eastern Hospital Doctors Association (source: MicroVention), Comments: travel to Asian-Australasian Federation of Interventional and Therapeutic Neuroradiology in 2014, European Congress of Neurological Surgery in 2014.

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