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This information is current as
of August 11, 2025.

AJNR Am J Neuroradiol 2014, 35 (11) 2192-2196

doi: <https://doi.org/10.3174/ajnr.A4011>

<http://www.ajnr.org/content/35/11/2192>

Pleomorphic Xanthoastrocytoma of Childhood: MR Imaging and Diffusion MR Imaging Features

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ABSTRACT

BACKGROUND AND PURPOSE: Pleomorphic xanthoastrocytomas are rare astrocytic neoplasms of childhood and young adulthood. The purpose of this retrospective review was to evaluate MR imaging features of pediatric pleomorphic xanthoastrocytomas with an emphasis on diffusion MR imaging.

MATERIALS AND METHODS: Review of the neuro-oncology data base revealed 11 pediatric patients (range, 4.7–16.1 years) with pleomorphic xanthoastrocytomas with 9 of these patients having preoperative MR imaging available. Six patients had preoperative diffusion MR imaging. Demographics, histopathology slides, conventional imaging characteristics (location, cystic component, hemorrhage, enhancement, vasogenic edema, inner table scalloping), and ADC metrics (mean tumor ADC and tumor to normal brain ADC ratio) were evaluated.

RESULTS: Three pleomorphic xanthoastrocytomas had anaplastic features. Ten tumors were supratentorial. Two-thirds (6 of 9) of all tumors were either predominantly cystic or had cystic components, and three-fourths (6 of 8) of the supratentorial tumors had associated inner table scalloping. Seven of the 9 tumors had marked vasogenic edema (>10 mm). Mean tumoral ADC ($n = 7$) was $912 \pm 219 \times 10^{-6}$ mm²/s (min–max: 617–1189). The tumor to normal brain ADC ratio was 1.14 ± 0.26 (min–max: 0.75–1.47).

CONCLUSIONS: Pleomorphic xanthoastrocytoma should be entertained in the differential diagnosis of peripheral supratentorial tumors that appear during childhood. Cysts, inner table scalloping, and marked vasogenic edema are relatively frequent features. Relatively low ADC values and ADC ratios are not uncommon in pleomorphic xanthoastrocytoma.

ABBREVIATION: PXA = pleomorphic xanthoastrocytoma

Pleomorphic xanthoastrocytomas (PXAs) are rare neoplasms comprising less than 1% of all astrocytic tumors.¹ They are more frequently encountered in childhood and young adulthood.² Although there is relatively abundant literature on the histopathology and treatment of these tumors, there are fewer reports describing the imaging characteristics of PXAs. Moreover, imaging reports dedicated solely to pediatric PXAs are rare. The histopathologic descriptor “pleomorphic” aptly applies to the radiology of PXAs as well, resulting in myriad imaging presentations, potentially complicating the preoperative diagnosis. In the past several years, we encountered PXAs displaying hemorrhage and cysts, associated with marked vasogenic edema, and solid

components showing relatively decreased water diffusion. These observations led to unnecessary inclusion of high-grade glial and embryonal tumors in differential diagnosis. Primitive neuroectodermal tumors, atypical teratoid rhabdoid tumors, and glioblastomas may present with imaging characteristics similar to those of PXAs.^{3,4} The purpose of this retrospective study was to seek MR imaging and diffusion MR imaging features that may be helpful in correctly diagnosing pediatric PXA preoperatively.

MATERIALS AND METHODS

The Institutional Review Board of the University of Texas Southwestern Medical Center approved this retrospective study and waived the requirement for informed consent. Review of the neuro-oncology database at Children’s Medical Center revealed 11 pediatric PXAs diagnosed between January 1998 and April 2012. The imaging, pathology, and medical records of these patients were reviewed.

Histopathologic diagnoses were confirmed according to the 2007 World Health Organization classification of central nervous system tumors by a pediatric pathologist with >20 years experience (L.M.) and by a neuropathology fellow (D.M.).

Received March 9, 2014; accepted after revision April 8.

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<http://dx.doi.org/10.3174/ajnr.A4011>

Individual patient information on demographics, histology, treatment, and outcome

Patient No.	Age (y)/ Sex	Diagnosis	ADC Value ($\times 10^{-6}$ mm ² /s)	ADC Ratio	Treatment	F/U (y)	Treatment Response	TTP (y)	F/U Results
1	4.7/F	PXA			XRT/Chemo	14.8	PD	8.6	Alive
2	4.8/M	PXA	838	1.06	Sx (3)/XRT	5.0	PD	2.7	Alive
3	7.1/F	Anap. PXA			Sx (2)/XRT/Chemo	0.5	PD	0.2	Died
4	9.3/F	PXA	928	1.24	Sx	7.7	CR	n/a	Alive
5	4.5/F	PXA	668	0.85	Sx	Lost to F/U			
6	6.9/M	PXA	1189	1.47	Sx (3)	9.6	PD	3.8	Alive
7	16.1/M	PXA	889	1.28	Sx	3.4	CR	n/a	Alive
8	6.1/M	Anap. PXA	825	0.75	Sx/XRT/Chemo	4.0	CR	n/a	Alive
9	11.6/M	PXA	762	1.32	Sx	Lost to F/U			
10	14.0/F	PXA			Sx/XRT/Chemo	8.2	PD	0.8	Died
11	13.0/M	Anap. PXA			Sx/XRT/Chemo	2.5	CR	n/a	Alive

Note:—Anap. indicates anaplastic; Chemo, chemotherapy; CR, complete remission; F/U, follow-up; PD, progressive disease; Sx, surgery; XRT, radiotherapy.

Of the 11 included patients, 9 had preoperative MR imaging available. Eight patients underwent scanning at our institution where 1.5T and 3T scanners were used (Philips Healthcare, Best, the Netherlands). Conventional sequences included T1-weighted spin-echo (at least 2 orthogonal planes), FLAIR, T2-weighted spin-echo (coronal and axial), and gadolinium-enhanced 3 plane T1-weighted spin-echo. Diffusion MR imaging, performed using a spin-echo sequence with $b = 0$ and $b = 1000$ seconds/mm², was available in 7 patients. ADC maps were generated with a mono-exponential fit on a voxel-to-voxel basis for all imaging planes. Preoperative head CT was available in 4 patients.

Imaging studies were reviewed by a fourth year radiology resident (W.M.) and a pediatric neuroradiologist with 11 years of experience (K.K.) Tumor location, volume, and enhancement characteristics, presence of cyst(s), and presence/size of perilesional edema were evaluated in consensus. “Predominantly cystic” was defined as a solitary cyst and a smaller solid component and “multiple cysts” description was used if the tumors had more than 1 cystic component. When diffusion MR imaging was available, the solid components of the tumors were sampled by placing as many as 3 nonoverlapping ROIs on the ADC map. If tumors were large enough, 3 ROIs were used to sample the tumor more reliably. In 3 tumors with smaller solid components, only 1 region of interest could be placed on the tumor. A single ROI was placed on the normal contralateral thalamus because the thalamus provides a reliable internal control as it maintains its normal signal intensity on diffusion MR imaging even in cases of marked hydrocephalus.⁵ Mean tumor ADC values and tumor to normal brain ADC ratios were calculated. The head CT examinations were assessed for calcifications and hemorrhage.

RESULTS

Patient Population

The mean age at diagnosis was 8.9 years of age (range, 4.7–16.1 years). Six (54.5%) patients were male and 5 (45.5%) were female. Three of 11 tumors (27.3%) demonstrated anaplastic features, increased mitotic activity, and often areas of necrosis. Ten of the 11 (90.9%) tumors were supratentorial. The mean follow-up was 5.1 years (range, 0.02–14.8 years). Five of 11 (45.5%) patients had evidence of recurrence or progression during follow-up. The mean time to progression was 3.2 years (range, 0.2–8.6 years). The 5-year progression-free survival rate was 49.2%. Two patients died, yielding an overall survival of 81.8% to date and a 5-year survival rate of 88.9%.

Imaging

CT and MR Imaging. No calcifications were identified in the 4 PXAs where CT was available. Nine patients had preoperative MR imaging available for review. The only infratentorial PXA predominantly involved the pons and to a lesser extent, the midbrain and medulla oblongata. The preoperative tumor volumes varied from 1.73 to 249.9 cm³ (mean = 88.3, SD = 101.6). On the preoperative examinations, 8 of 9 (88.9%) demonstrated intense heterogeneous enhancement of the solid component (all except the smallest tumor). Six of the 9 (66.7%) tumors were either predominantly cystic or had multiple cysts. Six of the 8 (75%) supratentorial tumors demonstrated scalloping of the inner table of the calvarium. Seven of the 9 (77.7%) patients had significant vasogenic edema (defined as ≥ 10 mm diameter). Three of 9 (33.3%) tumors demonstrated hemorrhage.

Diffusion MR Imaging. Tumoral ADC values were measured in 7 patients. The mean tumoral ADC value was $912 \pm 219 \times 10^{-6}$ mm²/s (min–max: 617–1189). The tumor to normal brain ADC ratio was 1.14 ± 0.26 (min–max: 0.75–1.47). In the 7 patients who had preoperative diffusion MR imaging available, ADC ratios could not be used to determine the recurrence or survival. Of the 6 patients without anaplastic features, 4 underwent gross total resection and did not show recurrence (Table and Fig 1). The only patient with a PXA without anaplastic features and ADC ratio < 1 underwent gross total resection, but was lost to follow-up. One patient had a hippocampal and parahippocampal gyrus tumor (ADC ratio, 1.47) and underwent subtotal resections and had a progressive tumor. One patient (ADC ratio, 1.06) had progressive disease about the left middle cerebral artery after subtotal resection and underwent radiation therapy and chemotherapy (Fig 2). The only patient with PXA with anaplastic features in whom preoperative diffusion MR imaging was available (ADC ratio, 0.75) underwent gross total resection, chemotherapy, and radiation therapy (Fig 3). This patient had no signs of recurrence at 4-year follow-up.

DISCUSSION

In this study, we report preoperative MR imaging findings of pediatric PXAs and describe the diffusion MR imaging metrics of these rare tumors. Consistent with the histopathologic descriptor “pleomorphic,” the imaging features of PXAs may be varied and generate some difficulty in the preoperative diagnosis. Although the mean age at presentation is 26 years, PXAs can be encountered in all age groups ranging from infancy to the ninth decade.^{2,6} PXAs are overwhelm-

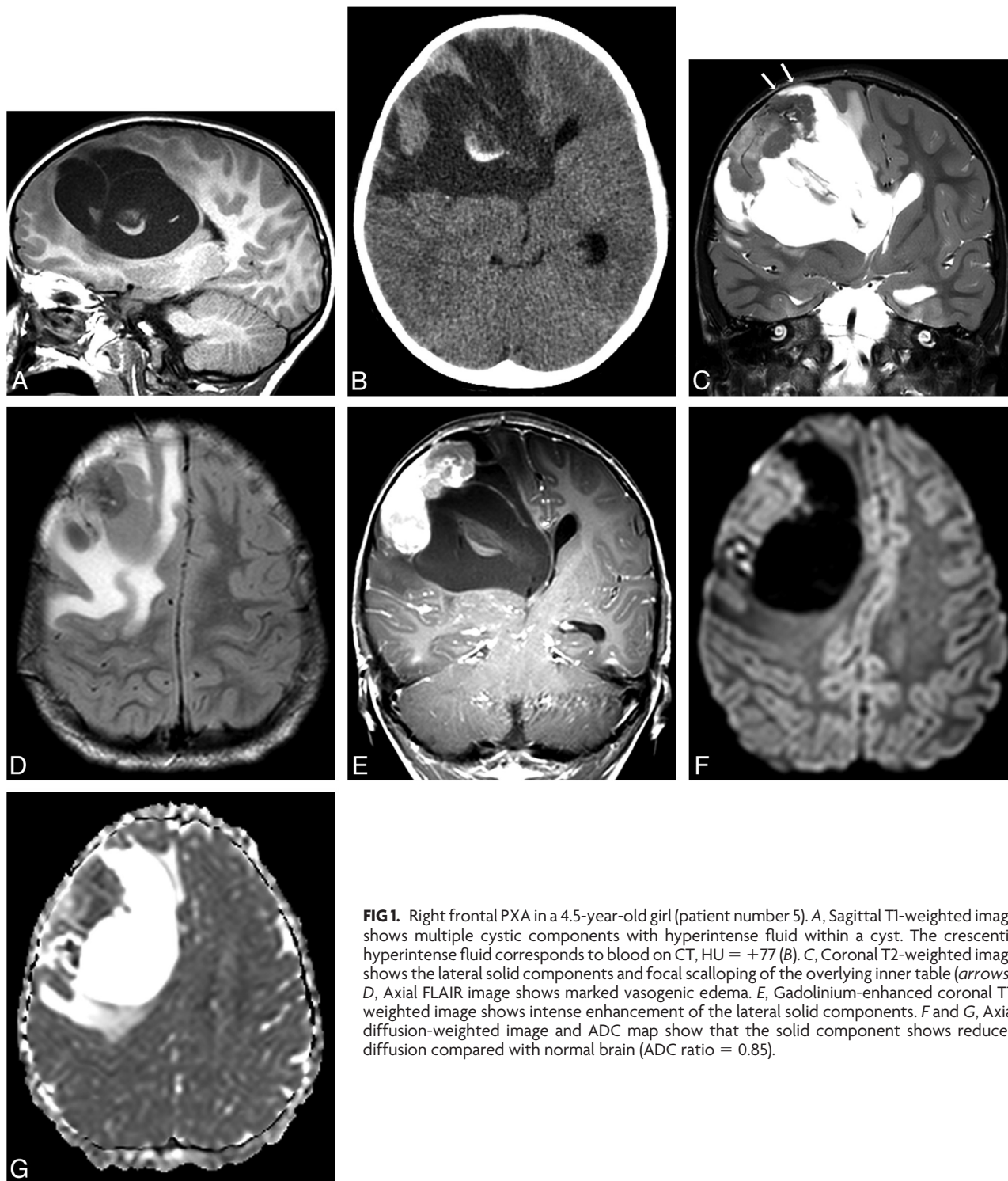


FIG 1. Right frontal PXA in a 4.5-year-old girl (patient number 5). *A*, Sagittal T1-weighted image shows multiple cystic components with hyperintense fluid within a cyst. The crescentic hyperintense fluid corresponds to blood on CT, HU = +77 (*B*). *C*, Coronal T2-weighted image shows the lateral solid components and focal scalloping of the overlying inner table (*arrows*). *D*, Axial FLAIR image shows marked vasogenic edema. *E*, Gadolinium-enhanced coronal T1-weighted image shows intense enhancement of the lateral solid components. *F* and *G*, Axial diffusion-weighted image and ADC map show that the solid component shows reduced diffusion compared with normal brain (ADC ratio = 0.85).

ingly supratentorial tumors (99%); in a study based upon the National Cancer Institute's Surveillance, Epidemiology, and End Results database,⁶ only 2 cerebellar tumors were present among 214 PXAs. The only infratentorial PXA in our series was a brain stem lesion without involvement of the cerebellum. PXAs tend to be superficial in the cerebral hemispheres and 40%–50% involve the temporal lobes.^{2,6} In the largest series where presenting symptoms were known, 71% of the patients' presenting symptoms were seizures only, which were often of long duration (median 3 years).²

According to the latest World Health Organization classification,

PXAs represent grade II tumors histologically.² A small percentage of PXAs demonstrate increased mitotic activity (defined as 5 or more mitoses per 10 high-power fields) with or without areas of necrosis and are designated as "PXA with anaplastic features."² PXAs are remarkable for a relatively favorable outcome with 5- and 10-year overall survival rates of 75%–81% and 67%–70%, respectively.^{2,6} The survival rates in our cohort are comparable. Gross total resection of the tumor and a low mitotic rate were found to correlate positively with overall survival.² Although PXAs are generally considered indolent neoplasms, they are associated with a higher frequency of recur-

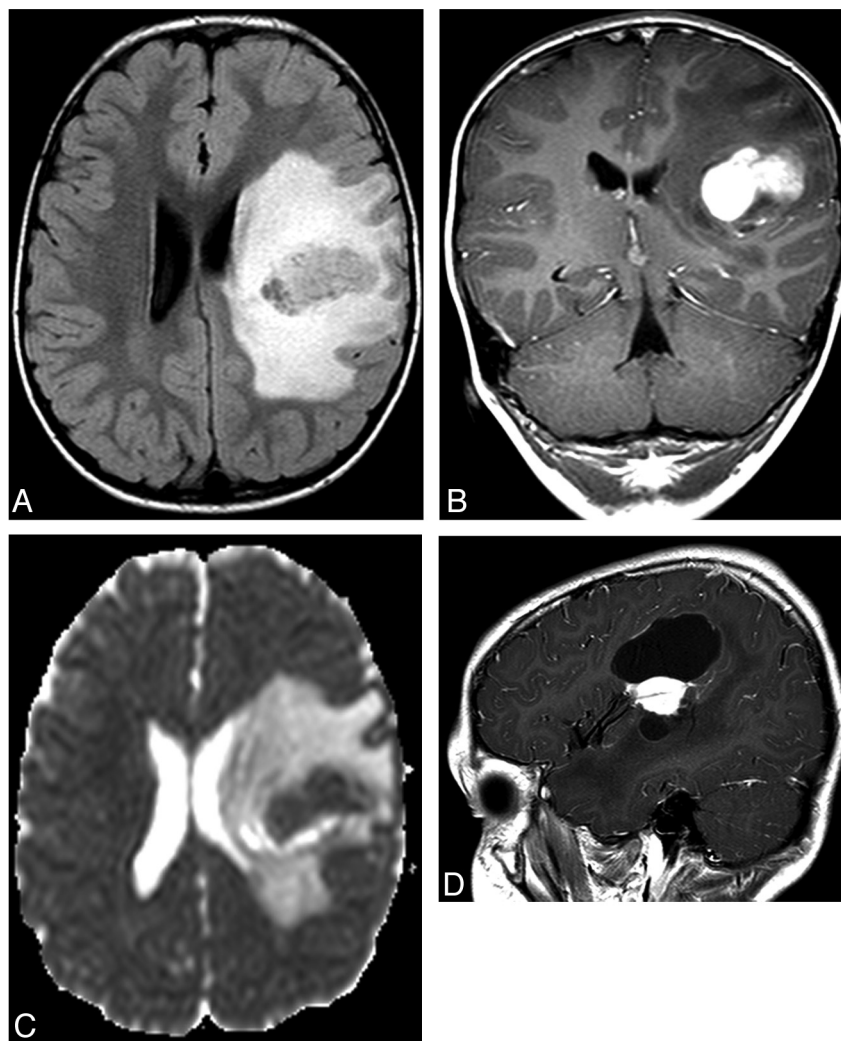


FIG 2. Left frontal PXA in a 4.8-year-old boy (patient number 2). *A*, Preoperative axial FLAIR image shows marked vasogenic edema. *B*, Preoperative coronal T1-weighted gadolinium-enhanced image shows intense enhancement of the lesion. *C*, The calculated preoperative ADC ratio was 1.06. *D*, The mass could not be resected completely because of its proximity to the left middle cerebral artery and showed progression over 4 years. Sagittal gadolinium-enhanced T1-weighted image shows the signal void of a middle cerebral artery branch within the enhancing mass.

rence, malignant transformation, and death, compared with other low-grade gliomas, such as pilocytic astrocytomas.⁶⁻⁹

Although there are imaging reports of PXAs in children and adults, dedicated pediatric imaging studies are rare and diffusion MR imaging characteristics were not previously described.¹⁰⁻¹⁴ In 1 of the earliest MR imaging reports, Lipper et al¹² described imaging findings of PXA in 7 patients, 3 of whom were children. Peripheral location of PXA in the cerebral hemispheres was emphasized in this report. We identified 3 studies with >15 patients where imaging findings were described in detail.^{10,15,16} Crespo-Rodríguez et al¹⁰ described preoperative MR imaging findings in 10 children (mean age = 11.2 years, range = 9–14 years) in a publication of pediatric and adult PXAs. Eight of these tumors were cystic with a mural nodule; this feature was recognized with similar frequency in the adult population of the same study. In a dedicated pediatric PXA report, 8 of the 11 tumors had an enhancing mass with a cystic component.⁸ Our cohort shows similarities with these reports with two-thirds of tumors being predominantly cystic or containing multiple cysts.

In our study, we found that 6 of the 8 supratentorial tumors

showed inner table scalloping. Inner table scalloping is a feature of slow-growing superficial brain tumors of childhood, such as ganglioglioma and dysembryoplastic neuroepithelial tumor.¹⁷ Whereas Crespo-Rodríguez et al¹⁰ reported inner table remodeling in 3 of 6 patients with PXA younger than 12 years, in the study by Yu et al,¹⁶ only 1 of the 19 patients (both children and adults with an age range of 8–70 years) demonstrated calvarial remodeling.

Our findings are similar to the previously published reports in the frequency of perilesional edema; however, we recognized that marked perilesional edema, described as >10 mm, was present in 7 of our 9 PXAs. Lipper et al¹² reported “definite” perilesional edema (mild or moderate) in 5 of 7 cases. In the study of Crespo-Rodríguez et al,¹⁰ perilesional edema was present in 2 of the 10 pediatric patients, similar to the frequency seen in their adult patients with PXA. In a more recent study that reported perilesional edema in greater detail, 31.8% (7 of 22) of the patients had edema >10 mm, while 36.4% (8/22) had edema <10 mm.¹⁵ In this study, all of the 9 pediatric PXAs showed perilesional edema; in 7 patients, edema was <10 mm, and in 2 it was >10 mm.¹⁵

Hemorrhage in PXA has been described as an uncommon im-

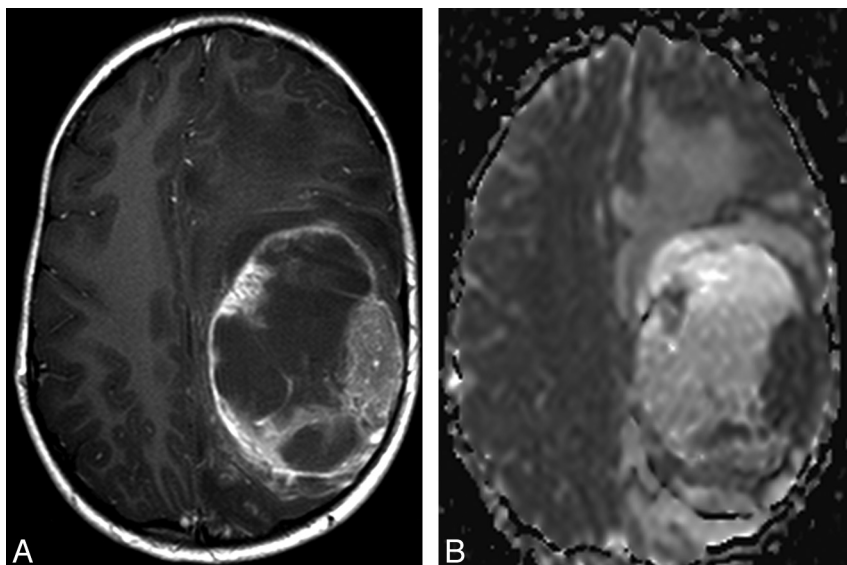


FIG 3. Left frontal and parietal PXA with anaplastic features in a 6.1-year-old male (patient number 8). A, Preoperative axial gadolinium-enhanced T1-weighted image shows a predominantly cystic mass with marked vasogenic edema. B, ADC ratio of the tissue corresponding to the solid enhancing tumor is 0.75.

aging feature, but was present in 33% of tumors in our series.¹⁰ While hemorrhage does not seem to represent a typical feature, its presence should not dissuade the diagnosis of PXA.

Diffusion MR imaging has become an important tool in preoperative characterization of brain tumors. To our knowledge, diffusion MR imaging characteristics of PXAs have not been reported previously. In the 7 tumors where ADC values can be reliably measured, we found the mean ADC was $912 \pm 219 \times 10^{-6} \text{ mm}^2/\text{s}$ and mean ADC ratio of the tumors was 1.14 ± 0.26 . These values are lower than those of pediatric pilocytic astrocytomas and supratentorial gangliogliomas. It is important to recognize that the relatively low ADC values and ADC ratios of PXAs are not unusual characteristics and do not necessarily signify high-grade neoplasms. Although inclusion of diffusion MR imaging is a feature that distinguishes this study from the previous reports, the number of patients does not allow for making generalizations as to the survival or discrimination of PXAs with anaplastic features from those without. Future publications with emphasis on diffusion MR imaging of PXAs may be of benefit. Our study has some limitations. First, although we compiled a cohort that is comparable with other larger pediatric PXA series, the number of patients remains limited and conclusions of the study should be interpreted with caution. Second, even though this is the first report of diffusion MR imaging of PXAs, only 7 of our patients had diffusion MR imaging. Third, we had only 1 patient with a PXA with anaplastic features in whom preoperative diffusion MR imaging was available. Although the solid component of this tumor showed restricted diffusion, this was not a distinguishing characteristic from the PXAs without anaplastic features. Fourth, 2 patients were lost to follow-up, shortening the overall follow-up duration.

CONCLUSIONS

In this study we reported preoperative imaging findings of pediatric PXAs with emphasis on diffusion MR imaging. PXA should be entertained in the differential diagnosis of peripheral cerebral hemispheric lesions with solid and cystic components associated with scalloping of the adjacent inner table. Vasogenic edema of the adjacent

white matter appears to be a common observation. Relatively lower ADC values and ADC ratios of the solid components may distinguish these tumors from other low-grade supratentorial, peripheral tumors such as gangliogliomas.

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