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ORIGINAL
RESEARCH

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BACKGROUND AND PURPOSE: DLB is recognized as the second major form of dementia in the elderly. The regional pattern of GM atrophy in DLB highly overlaps that in AD. The aim of this study was to identify the critical pattern of atrophy in DLB by using DARTEL, which provides improved registration accuracy compared with that of conventional VBM.

MATERIALS AND METHODS: We evaluated 51 patients with probable AD, 43 patients with probable DLB, and 40 age-matched healthy controls. The pattern of GM atrophy in each group was compared by using conventional VBM and VBM-DARTEL.

RESULTS: Regional patterns of atrophy identified by using conventional VBM differed significantly from those identified by using VBM-DARTEL. A decrease in GM volume in the MTLs in both AD and DLB was identified with VBM-DARTEL; the decrease was greater in patients with AD than in those with DLB. Comparisons with healthy controls revealed that the WM volume of the whole brain was preserved in patients with DLB. In contrast, a severe bilateral decrease in WM in the MTLs was detected in patients with AD.

CONCLUSIONS: VBM-DARTEL provided more accurate results, and it enabled the identification of more localized morphologic alterations than did conventional VBM. Analysis of WM preservation in DLB could help to differentiate this condition from AD.

ABBREVIATIONS: AD = Alzheimer disease; DARTEL = Diffeomorphic Anatomical Registration Through Exponentiated Lie algebra; DLB = dementia with Lewy bodies; GM = gray matter; Lt = left; MMSE = Mini-Mental State Examination; MTL = medial temporal lobe; Rt = right; SE = spin-echo; SPGR = spoiled gradient-recalled; VBM = voxel-based morphometry; WM = white matter

DLB is recognized as the second major form of dementia in the elderly. The main symptoms of DLB are visual hallucinations, fluctuating cognitive impairment, and parkinsonism.¹ DLB is clinically and neuropathologically different from AD. However, a definitive diagnosis can only be made on the basis of postmortem neuropathologic findings. Recent in vivo imaging studies using fluorodeoxyglucose-positron-emission tomography²⁻⁵ and single-photon emission CT^{6,7} aided in the establishment of criteria for DLB diagnosis. These studies revealed that DLB is characterized by low glucose metabolism and decreased regional cerebral blood flow in the occipital cortex, which distinguishes it from AD.⁸⁻¹⁰

On the other hand, structural changes in DLB were found to closely resemble those in AD. Volumetric studies have con-

sistently shown a loss of GM in the MTLs, including the hippocampus and amygdala, in patients with DLB.^{11,12} Although the regional patterns of cerebral GM atrophy in DLB overlap those of AD, the degree of GM loss in DLB is much lower than that in AD.^{11,13} VBM was developed to assess the whole brain structure with a voxel-by-voxel comparison.¹⁴⁻¹⁶ Researchers have attempted to identify the specific pattern of atrophy in DLB with VBM and have observed similar atrophy with relative preservation of the temporal lobes in DLB and AD.¹⁷⁻¹⁹

However, studies using different technical approaches have found that the extent of GM reduction in DLB differs between the putamen²⁰ and basal forebrain, including the substantia innominata.²¹ Whitwell et al¹⁹ conducted a VBM study with a relatively large number of subjects and found no DLB-specific differences by voxel-by-voxel GM comparison; however, by using VBM-based region-of-interest analysis, they suggested that the GM attenuation in the dorsal midbrain was lower in DLB than in AD. However, the results of region-of-interest analyses are quite dependent on the arbitrary locus and size that the examiners create retrospectively after the VBM analysis. In addition, Whitwell et al did not address the WM alterations in DLB.

Recently, DARTEL (SPM8; Wellcome Trust Centre for Neuroimaging, London, United Kingdom), a fast diffeomorphic registration algorithm, has been developed for use

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Table 1: Characteristics of the subjects

	Patients with DLB	Patients with AD	Controls
Median age (yr)	72.7 ± 4.5	72.6 ± 2.9	72.0 ± 3.8
Median MMSE score	19.0 ± 3.5	18.7 ± 4.0	29.6 ± 0.8
Number of women (%)	60%	61%	50%
Neuropsychological examinations (%)	Visual hallucination: 61%		
	Cognitive fluctuation: 95%		
	Parkinsonism: 84%		

with VBM.²² This involves creating a mean image of all those taken, which serves as a subject-specific template. Subsequently, whole-brain images of individual subjects are normalized to the template, modulated, and smoothed. DARTEL was shown to improve registration and provide precise and accurate localization of structural damage and functional overlays. The aim of the present study was to investigate more precise voxel-based morphometric comparisons in GM and WM reduction between DLB and AD. Our hypothesis was that the specific patterns of GM and WM loss in DLB would be more clearly demonstrated with DARTEL than with conventional VBM.

Materials and Methods

In this study, we included 43 patients with probable DLB, 51 patients with probable AD, and 40 cognitively healthy controls. We retrospectively selected subjects from among patients who were admitted to the infirmary at our institution for an evaluation of dementia between April 2002 and March 2006, and the patients were followed up for >3 years. The subjects were matched for sex and age, and their MMSE score was calculated. All the patients were examined by neurologists and psychiatrists and underwent standard neurologic and neuropsychological examinations, laboratory tests, electroencephalography, and cranial MR imaging. Clinical data revealed fluctuations in cognitive functions, recurrent visual hallucinations, and spontaneous parkinsonism; these data were used to diagnose probable DLB on the basis of the criteria proposed in the Consortium on DLB International Workshop.²³

Patients with DLB showed symptoms of visual hallucination (61%), cognitive fluctuation (95%), and parkinsonism (84%). Patients with AD fulfilled the criteria for probable AD outlined by the National Institute of Neurologic and Communicative Disorders and Stroke/Alzheimer Disease and Related Disorders Association. None of the patients with AD exhibited parkinsonism. All the control subjects had an MMSE score of >28 and had no clinical evidence of cognitive deficits or neurologic diseases. None of the subjects exhibited abnormal MR imaging findings, except for age-related brain atrophy and WM hyperintensity. The clinical characteristics of each group (mean age, mean MMSE score, percentage of women, and the results of neuropsychological examinations) are shown in Table 1.

MR Imaging Procedures

A 1.5T Signa Horizon MR imaging system was used for this study (GE Healthcare, Milwaukee, Wisconsin). Sagittal, coronal, and axial T1-weighted SE images (550/15 ms/2 [TR/TE/NEX], 5-mm thickness, 2.5-mm gap) and axial T2-weighted fast SE images (3000/105 ms/2 [TR/TE/NEX]) were obtained to detect abnormalities. VBM analyses were conducted by using coronal 3D SPGR images (14/3 ms/

2 [TR/TE/NEX], 20° flip angle, 220-mm FOV, 256 × 256 matrix, 124 × 1.5 mm contiguous sections).

Data Analysis

Statistical analyses were conducted by using the Statistical Parametric Mapping, Version 8 software for Windows (SPM8). Calculations and image matrix manipulations were performed by using MATLAB (MathWorks, Natick, Massachusetts). For VBM analysis by using SPM 8, all coronal SPGR MR imaging datasets were reconstructed to axial datasets and subsequently converted to the ANALYZE format (<http://www.mayo.edu/bir/Software/Analyze/Analyze.html>) and displayed with the right hemisphere on the right side of the image. MR imaging data were analyzed by using VBM implemented in SPM8. First, conventional VBM was performed by using the default template. Next, we applied DARTEL, an algorithm for accurate diffeomorphic image registration, implemented as a toolbox for SPM 8, to create a set of group-specific templates. The brain images were segmented, normalized, and modulated by using these templates. The output images were still in the average brain space. Additional warping from the Montreal Neurologic Institute space was given to the brain images. Finally, GM probability values were smoothed by using a 6-mm full width at half maximum Gaussian kernel. The DARTEL procedure improves anatomic precision in addition to the previous spatial normalization methods created by Ashburner and Friston.^{14,16}

Group Comparisons of Regional GM and WM Loss

First, we compared regional GM and WM loss in healthy controls with those in patients with DLB and those with AD, respectively. Then, the GM and WM losses between DLB and patients with AD were compared. Each group comparison was analyzed by a statistical design with the 1-way analysis of variance test. In this study, age and total intracranial volume were entered as covariates. Significance was accepted if the voxels survived a corrected threshold of $P < .001$ for GM and WM comparisons versus healthy controls and an uncorrected threshold of $P < .001$ in all other comparisons.

Results

Compared with the healthy controls, both patients with AD and those with DLB showed greatly decreased GM in the MTLs (Fig 1 and Tables 2 and 3). In comparison with patients with AD, patients with DLB showed a relatively localized bilateral decrease in GM in the temporal lobes (Fig 1 and Tables 2 and 3). This pattern of results was similar, regardless of whether conventional VBM or VBM-DARTEL was used. A comparison between the groups showed that the bilateral decrease in GM volume in the MTLs was significantly higher in the AD group than in the DLB group (Fig 2 and Tables 2 and 3). VBM-DARTEL revealed no significant GM decrease in patients with DLB compared with patients with AD; however, conventional VBM revealed a scattered decrease in the GM of the deep brain in patients with DLB (Fig 2 and Tables 2 and 3).

Compared with healthy controls, patients with AD showed a bilateral decrease in the WM in the MTLs, parieto-occipital lobes, and frontal lobes. VBM-DARTEL revealed no significant decrease in WM in patients with DLB compared with healthy controls. In contrast, conventional VBM revealed that the MTLs and deep brain had significantly decreased WM (Fig 3 and Tables 4 and 5). Comparisons between patient groups revealed more widespread atrophy of WM in patients with AD than in patients with DLB (Fig 4 and Tables 4 and 5). In com-

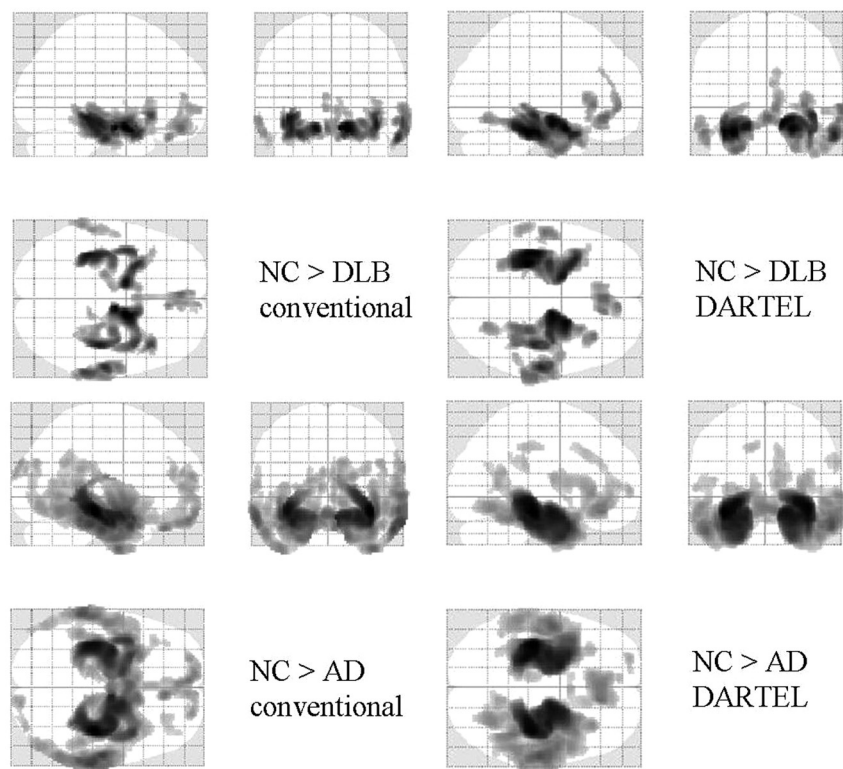


Fig 1. Statistical parametric maps comparing the GM volume of patients with that of age-matched healthy controls (NC). Comparisons based on conventional VBM (left) and VBM-DARTEL (right) are both illustrated. Highlighted areas represent regions in which patients have significantly decreased GM compared with controls ($P < .001$, corrected). The regions in which patients with DLB and those with AD show reductions in GM compared with controls overlapped: They were the medial temporal and frontal lobes and the middle temporal gyri on both sides. The pattern of GM decrease in patients with AD revealed by conventional VBM is more scattered than that identified with VBM-DARTEL.

Table 2: Regions in which VBM-DARTEL identified significantly reduced GM: comparisons between patients and healthy controls

Comparison and Brain Region	Talairach Coordinates				
	Side	X	Y	Z	t Value
Patients with DLB < controls					
Fusiform gyrus	Lt	-30	-30	-16	8.56
Amygdala	Rt	22	2	-15	8.40
Medial frontal lobe		0	37	-9	6.90
Patients with AD < controls					
Medial temporal lobe	Lt	-36	-24	-10	12.13
Medial temporal lobe	Rt	37	-25	-14	11.82
Anterior cingulate gyrus	Rt	10	33	-13	8.08
Patients with DLB > patients with AD					
Parahippocampal gyrus	Lt	-23	-36	-2	6.62
Medial temporal lobe	Rt	28	-29	-4	5.84

parison with patients with AD, patients with DLB showed no WM decrease in both conventional VBM and VBM-DARTEL algorithms.

Discussion

In the present study, we used the VBM-DARTEL algorithm and found no significant GM reduction in patients with DLB compared with patients with AD. In contrast, conventional VBM detected scattered deep-brain GM reductions in patients with DLB compared with patients with AD (Fig 2). This difference in results is primarily due to the different analytic approach. Unlike the conventional VBM, registration of images is highly complicated in DARTEL. The procedure begins with creating rigidly transformed versions of the tissue class images; in the conventional VBM, this is called "modulation." The next step is creating a mean of all the images to produce an initial template. Deformations from this template to each of the individual images are computed, and the template is then

Table 3: Regions in which conventional VBM identified significantly reduced GM: comparisons between patients and healthy controls

Comparison and Brain Region	Talairach Coordinates				
	Side	X	Y	Z	t Value
Patients with DLB < controls					
Amygdala	Rt	14	0	-15	9.14
Amygdala	Rt	-14	0	15	7.84
Inferior temporal gyrus	Rt	60	-19	-21	8.07
Patients with AD < controls					
Medial temporal lobe	Rt	38	-26	-9	12.76
Medial temporal lobe	Lt	-35	-26	-9	11.85
Superior temporal gyrus	Lt	-61	-50	14	6.90
Patients with DLB > patients with AD					
Medial temporal lobe	Rt	34	-26	-9	5.96
Hippocampus	Lt	-28	-11	-18	5.14

regenerated by applying the inverse of the deformations to the images. This is followed by averaging. This procedure is repeated a number of times to create warped versions of the images. The DARTEL toolbox is a high-dimensional warping process that increases the registration between individuals and thereby improves localization and increases sensitivity during analyses.

Thus, the differences in deep brain GM findings may be attributed to the failure of incomplete registration to the default template when using the conventional VBM algorithm. This explanation may also apply to the previous VBM studies in which a significant GM reduction was found in the putamen,²⁰ striatum,⁹ and basal forebrain.²¹

Similar to the present study, a previous conventional VBM study using voxel-by-voxel analysis with a large number of subjects revealed that GM decreases did not differ significantly between patients with DLB and those with AD.¹⁹ However, the

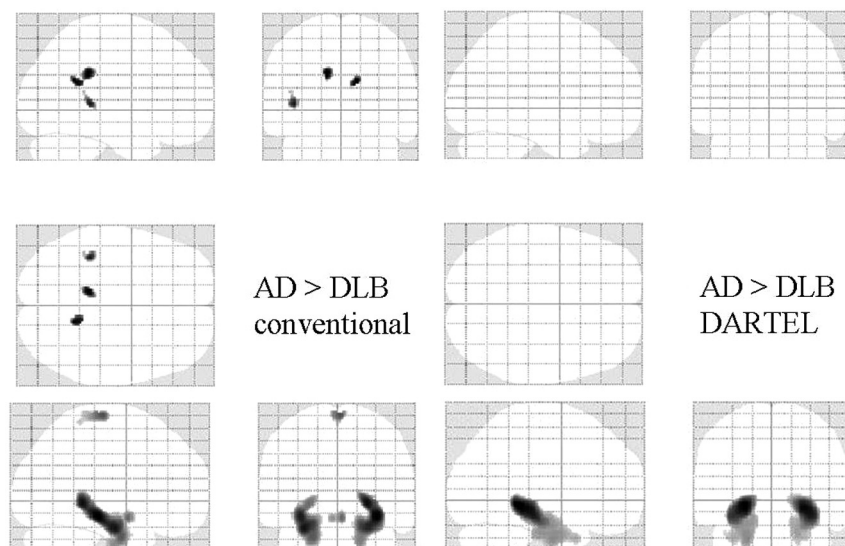


Fig 2. Statistical parametric maps comparing the brains of patients with DLB with those with AD. Comparisons based on conventional VBM (left) and VBM-DARTEL (right) are both illustrated. Highlighted areas represent regions in which patients have significantly decreased GM compared with age-matched healthy controls ($P < .001$, uncorrected). Patients with AD show significant bilateral GM loss in the MTLs. For patients with DLB, the regions in which significant decreases are identified differed between conventional VBM (upper left) and VBM-DARTEL (upper right). While GM decreases are not found in VBM-DARTEL-based comparisons, scattered decreases in the deep brain are identified with conventional VBM.

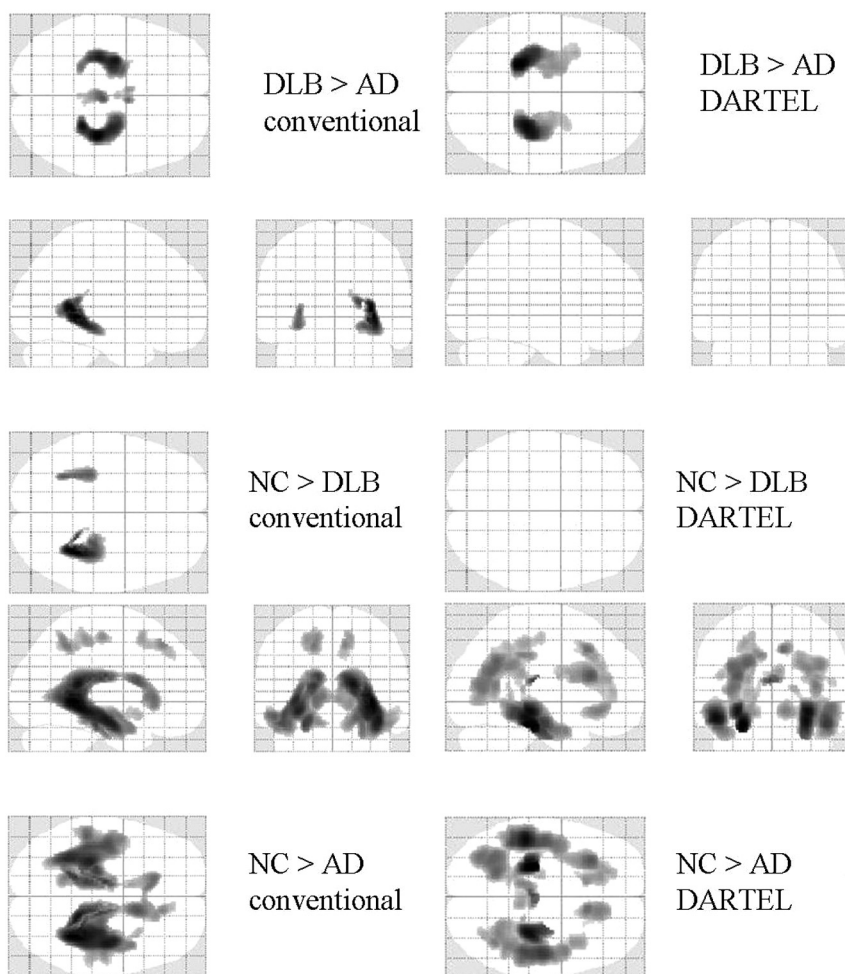


Fig 3. Statistical parametric maps comparing the WM volume of patients with that of age-matched healthy controls (NC). Comparisons based on conventional VBM (left) and VBM-DARTEL (right) are both illustrated. Highlighted areas represent regions in which patients have significantly decreased WM compared with the controls ($P < .001$, uncorrected). Patients with AD show significant WM loss in the bilateral medial temporal, parieto-occipital, and frontal lobes. For patients with DLB, the regions in which significant decreases were identified differ between conventional VBM (upper left) and VBM-DARTEL (upper right). While WM decreases are not found in VBM-DARTEL-based comparisons, decreases in CSF, like WM, are identified in the deep brain with conventional VBM.

authors of that study concluded that a GM reduction in the dorsal midbrain found by using region-of-interest analysis with VBM could specifically distinguish patients with DLB from healthy controls. In contrast, there is no pattern of atrophy that differentiates patients with DLB and those with AD. Regions of the brain stem, such as the midbrain, are extremely small, and precise and accurate registration of images is re-

quired to detect subtle differences between the DLB and AD patient groups. Thus, precise and accurate registration is essential before performing region-of-interest analysis with VBM on modulated GM images, to obtain reliable results. In the present study, even with the highly accurate registration obtained by using the DARTEL algorithm, no DLB-specific pattern of GM atrophy was detected. On the other hand, as

Table 4: Regions in which VBM-DARTEL identified significantly reduced WM: comparisons between patients and normal controls

Comparison and Brain Region	Talairach Coordinates				t Value
	Side	X	Y	Z	
Controls > AD patients					
Medial temporal lobe	Lt	−25	−27	−16	6.30
Medial temporal lobe	Rt	30	−27	−7	5.88
Fornix	Rt	3	−7	13	5.77
Frontal lobe	Lt	−30	25	19	4.65
Parieto-occipital lobe	Lt	−21	−54	33	4.33
DLB patients > AD patients					
Medial temporal lobe	Lt	−25	−20	−18	7.02
Medial temporal lobe	Rt	27	−27	−15	6.09
Fornix	Lt	−1	−6	11	4.69
Frontal lobe	Rt	6	23	53	3.63
Temporal lobe	Rt	45	2	−22	3.45
Medial parieto-occipital lobe	Rt	9	−50	22	3.28

Table 5: Regions in which conventional VBM identified significantly reduced WM: comparisons between patients and normal controls

Comparison and Brain Region	Talairach Coordinates				t Value
	Side	X	Y	Z	
Controls > DLB patients					
Medial temporal lobe	Rt	34	−41	2	4.98
Medial temporal lobe	Lt	−32	−31	−4	3.97
Controls > AD patients					
Medial temporal lobe	Rt	34	−43	2	7.71
Parietal lobe	Lt	−16	−46	47	4.74
Frontal lobe	Rt	12	35	44	4.50
DLB patients > AD patients					
Medial temporal lobe	Lt	−24	−24	−16	−6.76
Medial temporal lobe	Rt	24	−17	−21	5.82
Parietal lobe	Lt	−48	−24	46	3.68

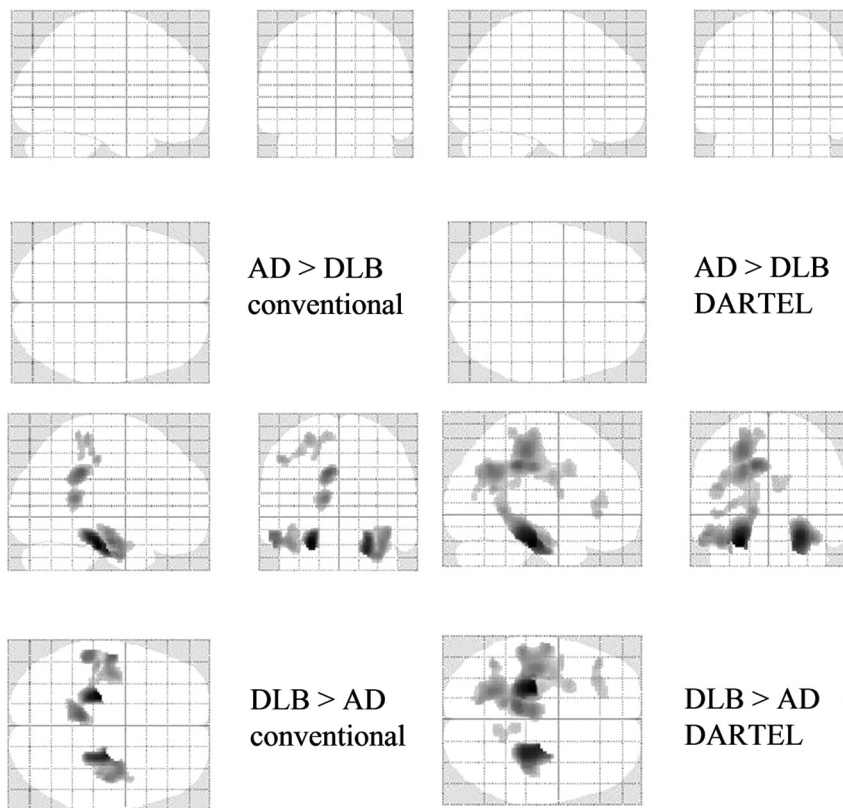


Fig 4. Statistical parametric maps comparing the brains of patients with DLB and patients with AD. Highlighted areas represent regions with significantly decreased WM in patients with AD compared with those with DLB ($P < .001$, uncorrected). The MTLs and parieto-occipital deep brain regions are detected in both conventional VBM (lower left) and VBM-DARTEL (lower right). In comparison with patients with AD, patients with DLB show no regions with significantly decreased WM ($P < .001$, uncorrected).

established in previous studies, greater loss of GM in the MTLs was seen in patients with DLB compared with healthy controls (Fig 1). However, the degree of GM reduction in the temporal region was much smaller in DLB than in AD (Fig 2). These results are in agreement with those of previous region-of-interest¹¹⁻¹³ and recent VBM^{18,19} studies. A greater loss of GM in AD could help explain the results of a neurophysiological study in which there was more severe episodic memory impairment in AD than in DLB.^{24,25}

Although VBM-DARTEL revealed that WM was preserved in patients with DLB (compared with healthy controls), conventional VBM identified bilateral WM atrophy in the MTLs and periventricular regions (Fig 3). The periventricular decrease could be attributed to the improper deformation of

WM segments, which was probably caused by GM atrophy in the MTLs. Previous studies found WM abnormalities mainly by examining diffusion tensor images.²⁶⁻³⁰ However, these results were still not consistent. In the present study, no significant decrease in WM in patients with DLB was found, despite the considerable severity of their condition (Table 1). While both forms of dementia may involve bilateral GM atrophy in the MTLs, preservation of WM may aid in differentiating DLB from AD. Additional comparisons between DLB and AD on other stages should be analyzed in the future.

VBM-DARTEL-based comparisons between healthy controls (Fig 3) and patients with DLB and AD (Fig 4) revealed that patients with AD show a bilateral decrease in WM volume in the MTLs, parieto-occipital lobes, and frontal lobes; addi-

tional decreases in the periventricular region and scattered decreases in the parietal lobe were identified with conventional VBM. In addition to the WM decrease in the MTLs, the WM decrease in the periventricular area identified with conventional VBM was similar to that shown in several previous VBM studies. Li et al³¹ found that patients with AD had decreased WM in the corpus callosum and temporal lobes. Balthazar et al³² found WM atrophy in periventricular areas, the corpus callosum, and regions adjacent to the associative cortices. These studies attributed the WM loss in the corpus callosum to the disconnection of WM fibers. Contrary to previous studies, our VBM-DARTEL analysis did not identify a WM decrease in the periventricular region. The scattered WM decrease found with conventional VBM might have been the result of incomplete registration to the templates. The present study found VBM-DARTEL to be more accurate than conventional VBM in differentiating DLB from AD. However, the only problem in VBM-DARTEL is that it is time-consuming; the whole procedure requires a week for processing the analysis, especially when creating a subject-specific template.

A limitation of the present study is that diagnoses made by using MR imaging data can only be confirmed with postmortem examinations. However, this limitation was overcome by the large sample size, highly matched ages, MMSE scores of subjects from different groups, and clinical confirmation of diagnoses facilitated by following patients for >3 years. Nevertheless, future postmortem investigations may help to clarify the accuracy of our results. More important, it should be recognized that the VBM-DARTEL method is still being developed, and further advances in precision and accuracy may enable DLB and AD to be differentiated more finely. Future longitudinal follow-up is warranted.

Conclusions

Analysis with VBM-DARTEL was more accurate and resulted in the detection of more localized morphologic alterations than analysis with conventional VBM. WM preservation in DLB could help to differentiate this condition from AD. In the future, DARTEL-VBM could prove to be more accurate, especially in longitudinal studies because of the absence of the confounding effect of misregistration.

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